

Saturday, November 1, 2025

Karate Classes - Dacre

Date and Time: Saturday, November 1 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

The Great Pumpkin Walk - Calabogie

Date and Time: Saturday, November 1 5:00 pm - 7:00 pm

Address: 12517 Lanark Rd, Calabogie ON

The Great Pumpkin Walk – Saturday, November 1st, 2025

Hosted by the **Greater Madawaska Recreation and Culture Committee**

Join us at *Heritage Point* for a glowing night of fall fun!

Bring your carved or decorated pumpkin to show off your creativity anytime after 5 PM. The fun begins at 6 PM as we light them all up for a magical community display.

Kids will rate the adult pumpkins, and adults will rate the kids' creations—let the friendly competition begin! \Box \Diamond Kids are invited to wear their Halloween costumes one last time—treat bags for every child!

Sip on hot chocolate and cider as you stroll the glowing pumpkin path.

It's lights, laughter, and a little friendly competition—with one last spark of Halloween magic. Don't miss it!

Rain date: Sunday, November 2 - 4:00 PM - 6:00 PM

Please note: Hunters and local farms are welcome to collect any leftover pumpkins after the event, before the Township proceeds with disposal.

Monday, November 3, 2025

Heart Wise Walking Program - Dacre

Date and Time: Monday, November 3 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except

holiday Mondays.

If you have any questions please contact Betty

Lions Euchre - Calabogie

Date and Time: Monday, November 3 7:00 pm

Address: 574 Mill Street, Calabogie

Doors open at 6:30pm. Euchre games start at 7:00 pm Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

Tuesday, November 4, 2025

Adult Open Art Studio - Calabogie

Date and Time: Tuesday, November 4 10:00 am - 12:00 pm

Address: Treehouse Art Studio, 729 Mill St, Calabogie

Adult Open Art Studio Tuesdays

Tuesdays 10 a.m. to 12 p.m.

Free Open Studio unless a formal workshop is arranged.

Join others with your creative projects.

SOMA Yoga - Matawatchan

Date and Time: Tuesday, November 4 10:30 am - 12:00 pm

Address: Matawatchan

Gain new insights and understanding of yourself and others through SOMA — a gentle, transformative practice combining **somatic poses**, **breathing**, **and meditation** for peace and well-being.

\square Discover your unique personality for self-care and health

Open to all ages and levels — no experience needed

4 Introductory Classes

Tuesdays: Oct. 28, Nov. 4, 11, 18

10:30 AM - 12:00 PM

With Audrey Copeland in Matawatchan

A beautiful way to close the year with intention and inner calm.

Call 613-553-0876 to register View SOMA at Jivasu.org

Mahjong - Calabogie

Date and Time: Tuesday, November 4 2:00 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

This is a drop-in program for Mahjong (adult drop-in) meet-up and play.

Pickleball - Calabogie

Date and Time: Tuesday, November 4 5:30 pm - 7:30 pm

Address: 12629 Lanark Road

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact the Township Office.

Wednesday, November 5, 2025

Village Voices Choir - Griffith

Date and Time: Wednesday, November 5 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

Watercolour Painting and Drawing Class - Calabogie

Date and Time: Wednesday, November 5 10:00 am - 12:00 pm

Address: Treehouse Art Studio, 729 Mill St, Calabogie

Watercolour Painting and Drawing Class

Wednesday's 10 am - 12 pm

A minimum of 3 registrations to hold a class and a limit of 10 participants

\$40 per person Price includes tax and materials

25% Discount for Calabogie Lodge Resort members and staying guests (\$30 per person)

Register by email: schalym@gmail.com Pay by E-transfer or Cash to instructor Marlene Schaly

When registering please include how many adults and children and the children's ages.

Children 6 and under are to be accompanied by an adult. The Adult does not pay if they are there to support their young child and not to participate independently.

These classes are suitable for all skill levels and the materials used are of artist quality.

Heart Wise Walking Program - Dacre

Date and Time: Wednesday, November 5 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

Hunters Spaghetti Dinner - Griffith

Date and Time: Wednesday, November 5 5:00 pm

Address: Griffith Lions Club – 25991 Hwy 41, Griffith, ON

b Hunter's Spaghetti Dinner is back!

Join the Greater Madawaska Fire Department for a delicious all-you-can-eat spaghetti dinner in support of the Griffith Fire Association!

₩ Wednesday, November 5th at 5PM

Griffith Lions Club – 25991 Hwy 41, Griffith, ON

Your \$15 ticket includes:

- ← Caesar salad, buns, dessert
- Bar open with tea, coffee, pop & water
- Raffle prizes available
- Kids 5 and under eat FREE!

Come out, enjoy a great meal, and support your local firefighters — we promise you won't leave hungry!

Thursday, November 6, 2025

Exercise Class - Griffith

Date and Time: Thursday, November 6 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Bas kets.

We got out far an activity and lunch twice a year.

Play & Learn at the Library - Calabogie

Date and Time: Thursday, November 6 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Play & Learn time at the Library is held on Thursday mornings is a drop-in program for parents/guardians to att end with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Art in the Highlands - Art Classes - Griffith

Date and Time: Thursday, November 6 1:00 pm - 4:00 pm

Address: 25991 Hwy 41, Griffith

Denbigh-Griffith Lions Club

Art in the Highlands

With Reina Coulthart

Experience the fun of Learning how to paint with acrylics and discover your individual hidden talents.

Thursdays 1pm-4pm, September 18 to November 20, 2025

10weeks for \$150.00 payable to Denbigh-Griffith Lions Club or e-transfer to <u>DGLionsClub@hotmail.com</u>

Contact Reina 613-333-1709

Brain Gym - Calabogie

Date and Time: Thursday, November 6 1:00 pm - 2:00 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

GM55+ Mind & Motion: Wellness Series

Boost your brain and body with our 10-week Wellness Program featuring two unique classes that support cogn itive and physical health in a lively, social atmosphere. Choose to register for one or both sessions and take a ste p toward feeling stronger, sharper, and more connected.

Brain Gym Class

Focus: Coordination, memory recall, concentration, brain health, and social interaction

Format: Rotating activity stations (individual and group-based)

GM55+ Member Fee: \$17.00 per 10-week session (That is \$1.70 per class)

Non-Member Fee: \$85.00 per 10-week session (\$8.50 per class)

Pre-registration is required

Registration is closed, Brain Gym is full, as of September 16, 2025

Special Council Meeting

Date and Time: Thursday, November 6 2:00 pm

Address: 19 Parnell Street, Calabogie

Notice of Special Council Meeting November 6, 2025, 2:00pm.

The Agenda will be made available on the Township Meeting and Information Portal prior to the meeting: https://greatermadawaska.civicweb.net/Portal/

The Recording of the meeting will be made available on our YouTube Channel within a week following the meeting.

https://www.youtube.com/@townshipofgreatermadawaska7558

Chair Exercise (Falls Prevention) - Calabogie

Date and Time: Thursday, November 6 2:30 pm - 3:30 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

GM55+ Mind & Motion: Wellness Series

Boost your brain and body with our 10-week Wellness Program featuring two unique classes that support cogn itive and physical health in a lively, social atmosphere. Choose to register for one or both sessions and take a ste p toward feeling stronger, sharper, and more connected.

Chair Exercise Class

Focus: Stability, balance, strength, flexibility, stamina, and social engagement

Format: Seated or standing exercises using bands, blocks, and balls (no mats required)

GM55+ Member Fee: \$15.00 for 10-week session (That is \$1.50 per class)

Non-Member Fee: \$75.00 for 10-week session (\$7.50 per class)

Pre-registration is required through our website <u>Brain Gym Class and Chair Exercise Class - Township of Greater Madawaska</u>

Pickleball - Calabogie

Date and Time: Thursday, November 6 5:30 pm - 7:30 pm

Address: 12629 Lanark Road

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact the Township Office.

Archery for Everyone - Calabogie

Date and Time: Thursday, November 6 6:30 pm - 8:00 pm

Address: 1044 Madawaska Street, Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

Lions Club Darts - Griffith

Date and Time: Thursday, November 6 7:00 pm

Address: 25991 Hwy 41, Griffith

Darts - Thursdays at 7:00pm

Cost is \$5.00 per person

Pick-Up Volleyball - Calabogie

Date and Time: Thursday, November 6 7:45 pm - 9:45 pm

Address: 12629 Lanark Rd, Calabogie

No registration. No fee. Just show up and play!

Every Thursday evening from Nov 6 to Dec 18 (excluding Dec 11) from 7:45pm to 9:45pm at St. Joseph's

Catholic School Gymnasium in Calabogie, Community Volleyball Pickup Nights!

Friday, November 7, 2025

Hall Walking & Chair Yoga - Calabogie

Date and Time: Friday, November 7 9:30 am - 11:00 am

Address: 1044 Madawaska St

Join us every Friday Morning

We walk around the Hall for half an hour starting at 9:30

Chair Yoga & Meditation starts at 10 am

There is no cost

Come and join in the fun and relaxation

Saturday, November 8, 2025

Karate Classes - Dacre

Date and Time: Saturday, November 8 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

Lego Lounge - Calabogie

Date and Time: Saturday, November 8 11:00 am - 12:00 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Come build with us!

This is a self-directed drop-in for families with young builders 5+.

We provide the Lego.

Bring your imagination and make your own fun. Name your creation and we will display it in the library!

Second Saturday of the month, 11am - 12pm (drop-in, self-directed)

Game Night - Calabogie

Date and Time: Saturday, November 8 6:00 pm - 9:00 pm

Address: 1044 Madawaska St

Come and join in playing all types of games.

We supply many games or bring your own.

Open to all ages, free of charge

We supply drinks and snacks

Sunday, November 9, 2025

Remembrance Day Service - Calabogie

Date and Time: Sunday, November 9 2:00 pm

Address: Madawaska Street, Calabogie

Monday, November 10, 2025

Heart Wise Walking Program - Dacre

Date and Time: Monday, November 10 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except

holiday Mondays.

If you have any questions please contact Betty

Lions Euchre - Calabogie

Date and Time: Monday, November 10 7:00 pm

Address: 574 Mill Street, Calabogie

Doors open at 6:30pm. Euchre games start at 7:00 pm Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

Tuesday, November 11, 2025

Township Office Closed

Date and Time: Tuesday, November 11 8:30 am - 4:00 pm

Address: 19 Parnell Street, Calabogie

Township Office is closed.

Adult Open Art Studio - Calabogie

Date and Time: Tuesday, November 11 10:00 am - 12:00 pm

Address: Treehouse Art Studio, 729 Mill St, Calabogie

Adult Open Art Studio Tuesdays

Tuesdays 10 a.m. to 12 p.m.

Free Open Studio unless a formal workshop is arranged.

Join others with your creative projects.

SOMA Yoga - Matawatchan

Date and Time: Tuesday, November 11 10:30 am - 12:00 pm

Address: Matawatchan

Gain new insights and understanding of yourself and others through SOMA — a gentle, transformative practice combining **somatic poses**, **breathing**, **and meditation** for peace and well-being.

$\square \supseteq$ Discover your unique personality for self-care and health

Open to all ages and levels — no experience needed

4 Introductory Classes

Tuesdays: Oct. 28, Nov. 4, 11, 18 10:30 AM – 12:00 PM With Audrey Copeland in Matawatchan

A beautiful way to close the year with intention and inner calm.

Call 613-553-0876 to register View SOMA at Jivasu.org

Mahjong - Calabogie

Date and Time: Tuesday, November 11 2:00 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

This is a drop-in program for Mahjong (adult drop-in) meet-up and play.

Pickleball - Calabogie

Date and Time: Tuesday, November 11 5:30 pm - 7:30 pm

Address: 12629 Lanark Road

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact the Township Office.

Lions Club Bingo - Griffith

Date and Time: Tuesday, November 11 7:30 pm

Address: 25991 Hwy 41, Griffith

Denbigh Griffith Lions Club Bingo

Held every second Tuesday.

Doors open at 6:30pm and games start at 7:30pm

Wednesday, November 12, 2025

Village Voices Choir - Griffith

Date and Time: Wednesday, November 12 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

Watercolour Painting and Drawing Class - Calabogie

Date and Time: Wednesday, November 12 10:00 am - 12:00 pm

Address: Treehouse Art Studio, 729 Mill St, Calabogie

Watercolour Painting and Drawing Class

Wednesday's 10 am - 12 pm

A minimum of 3 registrations to hold a class and a limit of 10 participants

\$40 per person Price includes tax and materials

25% Discount for Calabogie Lodge Resort members and staying guests (\$30 per person)

Register by email: schalym@gmail.com Pay by E-transfer or Cash to instructor Marlene Schaly

When registering please include how many adults and children and the children's ages.

Children 6 and under are to be accompanied by an adult. The Adult does not pay if they are there to support their young child and not to participate independently.

These classes are suitable for all skill levels and the materials used are of artist quality.

Library Book Pickup/Dropoff - Griffith

Date and Time: Wednesday, November 12 10:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates througho ut the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the <u>library catalogue</u>. Register <u>online</u> for th is program with a valid library card using this form link: https://bit.ly/LME-request-to-register

Heart Wise Walking Program - Dacre

Date and Time: Wednesday, November 12 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

Dacre and Area Community Association General Meeting - Dacre

Date and Time: Wednesday, November 12 7:00 pm

Address: 111 Flat Road, Dacre

General Meeting of the Dacre and Area Community Association.

All Are Welcome.

Thursday, November 13, 2025

Exercise Class - Griffith

Date and Time: Thursday, November 13 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Bas kets.

We got out far an activity and lunch twice a year.

Play & Learn at the Library - Calabogie

Date and Time: Thursday, November 13 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Play & Learn time at the Library is held on Thursday mornings is a drop-in program for parents/guardians to att end with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Taste & Learn Social Luncheon - Calabogie

Date and Time: Thursday, November 13 12:30 pm - 2:30 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

As part of The Comfort Plate Initiative presented by Calabogie and Area Home Support, in Collaboration with t he Township of Greater Madawaska GM 55+ SALC.

DATE: November 13, 2025, 12:30-2:30pm

Calabogie Community Hall, 574 Mill Street, Calabogie ON, K0J 1H0

Join us for a delicious and informative afternoon at the Taste & Learn Seniors Social Luncheon—a free community event designed to bring people together over good food and meaningful conversation.

Enjoy a tasty meal featuring options from The Calabogie & Area Home Support frozen meal service, learn mor e about our affordable meal support program, and connect with neighbours in a relaxed, welcoming atmosphere

Whether you're interested in easy, nutritious meal options for yourself or a loved one—or you're just looking f or a reason to get out and enjoy the day—this luncheon is for you!

Try sample meals from Timesaver Foods

Hear from program coordinators & volunteers

Ask questions & learn how to order meals

Pick up a brochure or sign up on the spot!

Reserve Your Spot. Space is limited!

Fill out the ONLINE FORM to register or call Calabogie & Area Home Support 613-752-2828

Art in the Highlands - Art Classes - Griffith

Date and Time: Thursday, November 13 1:00 pm - 4:00 pm

Address: 25991 Hwy 41, Griffith

Denbigh-Griffith Lions Club

Art in the Highlands

With Reina Coulthart

Experience the fun of Learning how to paint with acrylics and discover your individual hidden talents.

Thursdays 1pm-4pm, September 18 to November 20, 2025

10weeks for \$150.00 payable to Denbigh-Griffith Lions Club or e-transfer to <u>DGLionsClub@hotmail.com</u>

Contact Reina 613-333-1709

Pickleball - Calabogie

Date and Time: Thursday, November 13 5:30 pm - 7:30 pm

Address: 12629 Lanark Road

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact the Township Office.

Archery for Everyone - Calabogie

Date and Time: Thursday, November 13 6:30 pm - 8:00 pm

Address: 1044 Madawaska Street, Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

Lions Club Darts - Griffith

Date and Time: Thursday, November 13 7:00 pm

Address: 25991 Hwy 41, Griffith

Darts - Thursdays at 7:00pm

Cost is \$5.00 per person

Pick-Up Volleyball - Calabogie

Date and Time: Thursday, November 13 7:45 pm - 9:45 pm

Address: 12629 Lanark Rd, Calabogie

No registration. No fee. Just show up and play!

Every Thursday evening from Nov 6 to Dec 18 (excluding Dec 11) from 7:45pm to 9:45pm at St. Joseph's

Catholic School Gymnasium in Calabogie, Community Volleyball Pickup Nights!

Friday, November 14, 2025

Hall Walking & Chair Yoga - Calabogie

Date and Time: Friday, November 14 9:30 am - 11:00 am

Address: 1044 Madawaska St

Join us every Friday Morning

We walk around the Hall for half an hour starting at 9:30

Chair Yoga & Meditation starts at 10 am

There is no cost

Come and join in the fun and relaxation

Book Chat - Calabogie

Date and Time: Friday, November 14 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

This is a sharing group for people who enjoy the written word, and storytelling. Bring your favourite excerpts from books and collections that you h ave read. Come prepared to listen and/or to read aloud. We'll supply tea/ coffee.

Bogie Lights - Calabogie

Date and Time: Friday, November 14 6:30 pm - 8:00 pm

Address: Heritage Point, 12517 Lanark Rd, Calabogie

Come and join us in celebrating the start of the Christmas Season.

We will be turning on the Lights at Heritage Point, singing Christmas Carols, roasting marshmallows, and enjoying cookies, hot choclate and hot apple cider.

This free event is sponsored and organized by the Calabogie 55+Club

Games Night - Dacre

Date and Time: Friday, November 14 7:00 pm

Address: 111 Flat Road, Dacre

Games Night at DACA

Every 2nd and 4th Friday of the month at 7pm, unless there are other pre-planned functions, in this case particip ants can mutually agree to reschedule.

These events consist of a variety of different games such as Euchre, Trains, or other.

Participants could bring baked goods or snacks to share and hot beverages would be supplied.

For more info contact Kerry

Saturday, November 15, 2025

Karate Classes - Dacre

Date and Time: Saturday, November 15 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

Calabogie Winter Market

Date and Time: Saturday, November 15 4:00 pm - 8:00 pm

Address: 574 Mill St, Calabogie

Join us for an evening out on the rink at one of the coolest events of the season!

Bring your seasonal shopping list and support 60+ local artists, makers, and food producers.

Monday, November 17, 2025

Heart Wise Walking Program - Dacre

Date and Time: Monday, November 17 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except

holiday Mondays.

If you have any questions please contact Betty

Lions Euchre - Calabogie

Date and Time: Monday, November 17 7:00 pm

Address: 574 Mill Street, Calabogie

Doors open at 6:30pm. Euchre games start at 7:00 pm Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

Tuesday, November 18, 2025

Adult Open Art Studio - Calabogie

Date and Time: Tuesday, November 18 10:00 am - 12:00 pm

Address: Treehouse Art Studio, 729 Mill St, Calabogie

Adult Open Art Studio Tuesdays

Tuesdays 10 a.m. to 12 p.m.

Free Open Studio unless a formal workshop is arranged.

Join others with your creative projects.

SOMA Yoga - Matawatchan

Date and Time: Tuesday, November 18 10:30 am - 12:00 pm

Address: Matawatchan

Gain new insights and understanding of yourself and others through SOMA — a gentle, transformative practice combining **somatic poses, breathing, and meditation** for peace and well-being.

☐ ♀ Discover your unique personality for self-care and health

Open to all ages and levels — no experience needed

4 Introductory Classes

Tuesdays: Oct. 28, Nov. 4, 11, 18

10:30 AM - 12:00 PM

With Audrey Copeland in Matawatchan

A beautiful way to close the year with intention and inner calm.

Call 613-553-0876 to register View SOMA at Jivasu.org

Mahjong - Calabogie

Date and Time: Tuesday, November 18 2:00 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

This is a drop-in program for Mahjong (adult drop-in) meet-up and play.

Makerspace - Calabogie

Date and Time: Tuesday, November 18 3:45 pm - 4:45 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

This will be a program for creative kids ages 6 - 12 to try different art media, STEM projects, practice creative problem-solving, and pick up some n ew skills.

We have 12 spaces available. Pre-register for the first of this series (November 18) by contacting the library.

Pickleball - Calabogie

Date and Time: Tuesday, November 18 5:30 pm - 7:30 pm

Address: 12629 Lanark Road

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact the Township Office.

Wednesday, November 19, 2025

Hard Rock Casino Bus Trip

Date and Time: Wednesday, November 19 8:00 am - 6:00 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

GM55+ Presents: Casino Day Trip – Let's Hit the Jackpot!

Join us Wednesday, November 19, 2025, for a fun-filled outing to Hard Rock Casino, 4837 Albion Rd S, G loucester, ON.

Pickup Locations

- 1. **Griffith & Matawatchan Recreation Centre** 25991 Highway 41, Griffith, Ontario **8:00 AM**
- 2. DACA Centre

111 Flat Road, Dacre, Ontario — 8:30 AM

Calabogie Community Hall
574 Mill St., Calabogie, Ontario — 9:00 AM

Return Departure: 3:30 PM

Cost:

GM55+ Members: \$7Non-Members: \$35

Must be 19+ to attend.

Lunch available on-site (cash, debit, credit accepted)

\square Reserve your spot now $-$	seats are limited and	going fast! So	grab your g	good luck charn	n and come j	oin the
fun! □♠♥♦						

Village Voices Choir - Griffith

Date and Time: Wednesday, November 19 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

Watercolour Painting and Drawing Class - Calabogie

Date and Time: Wednesday, November 19 10:00 am - 12:00 pm

Address: Treehouse Art Studio, 729 Mill St, Calabogie

Watercolour Painting and Drawing Class

Wednesday's 10 am - 12 pm

A minimum of 3 registrations to hold a class and a limit of 10 participants

\$40 per person Price includes tax and materials

25% Discount for Calabogie Lodge Resort members and staying guests (\$30 per person)

Register by email: schalym@gmail.com Pay by E-transfer or Cash to instructor Marlene Schaly

When registering please include how many adults and children and the children's ages.

Children 6 and under are to be accompanied by an adult. The Adult does not pay if they are there to support their young child and not to participate independently.

These classes are suitable for all skill levels and the materials used are of artist quality.

Heart Wise Walking Program - Dacre

Date and Time: Wednesday, November 19 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

Library Book Club - Calabogie

Date and Time: Wednesday, November 19 1:00 pm - 2:30 pm

Address: 12629 Lanark Road

The book club currently meets 1-2:30pm every third Wednesday of the month.

Book copies are purchased or acquired through interlibrary loan and are shared with group members.

The club decides together on a title to read, or a collection of work to explore.

The aim is to meet other people who love to read, to grow as a reader, and to have fun talking about books.

If you want to expand your reading list, and gain fresh perspective on new and sometimes familiar stories, this might be a great program for you.

If interested in joining the book club, please contact the library.

Lions Bingo - Calabogie

Date and Time: Wednesday, November 19 7:00 pm

Address: 574 Mill Street, Calabogie

Calabogie Lions Club Bingo Night

7:00pm Start

Snacks available for purchase

Lions Bar Open

Thursday, November 20, 2025

Exercise Class - Griffith

Date and Time: Thursday, November 20 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Bas kets.

We got out far an activity and lunch twice a year.

Play & Learn at the Library - Calabogie

Date and Time: Thursday, November 20 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Play & Learn time at the Library is held on Thursday mornings is a drop-in program for parents/guardians to att end with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Art in the Highlands - Art Classes - Griffith

Date and Time: Thursday, November 20 1:00 pm - 4:00 pm

Address: 25991 Hwy 41, Griffith

Denbigh-Griffith Lions Club

Art in the Highlands

With Reina Coulthart

Experience the fun of Learning how to paint with acrylics and discover your individual hidden talents.

Thursdays 1pm-4pm, September 18 to November 20, 2025

10weeks for \$150.00 payable to Denbigh-Griffith Lions Club or e-transfer to DGLionsClub@hotmail.com

Contact Reina 613-333-1709

Brain Gym - Calabogie

Date and Time: Thursday, November 20 1:00 pm - 2:00 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

GM55+ Mind & Motion: Wellness Series

Boost your brain and body with our 10-week Wellness Program featuring two unique classes that support cogn itive and physical health in a lively, social atmosphere. Choose to register for one or both sessions and take a ste p toward feeling stronger, sharper, and more connected.

Brain Gym Class

Focus: Coordination, memory recall, concentration, brain health, and social interaction

Format: Rotating activity stations (individual and group-based)

GM55+ Member Fee: \$17.00 per 10-week session (That is \$1.70 per class)

Non-Member Fee: \$85.00 per 10-week session (\$8.50 per class)

Pre-registration is required

Registration is closed, Brain Gym is full, as of September 16, 2025

Chair Exercise (Falls Prevention) - Calabogie

Date and Time: Thursday, November 20 2:30 pm - 3:30 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

GM55+ Mind & Motion: Wellness Series

Boost your brain and body with our 10-week Wellness Program featuring two unique classes that support cogn itive and physical health in a lively, social atmosphere. Choose to register for one or both sessions and take a ste p toward feeling stronger, sharper, and more connected.

Chair Exercise Class

Focus: Stability, balance, strength, flexibility, stamina, and social engagement

Format: Seated or standing exercises using bands, blocks, and balls (no mats required)

GM55+ Member Fee: \$15.00 for 10-week session (That is \$1.50 per class)

Non-Member Fee: \$75.00 for 10-week session (\$7.50 per class)

Pre-registration is required through our website <u>Brain Gym Class and Chair Exercise Class - Township of Greater Madawaska</u>

Regular Council Meeting

Date and Time: Thursday, November 20 3:00 pm

Address: 19 Parnell Street, Calabogie

Please see our Meetings and Information Portal for information on scheduled meetings.

Pickleball - Calabogie

Date and Time: Thursday, November 20 5:30 pm - 7:30 pm

Address: 12629 Lanark Road

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact the Township Office.

Archery for Everyone - Calabogie

Date and Time: Thursday, November 20 6:30 pm - 8:00 pm

Address: 1044 Madawaska Street, Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Lions Club Darts - Griffith

Date and Time: Thursday, November 20 7:00 pm

Address: 25991 Hwy 41, Griffith

Darts - Thursdays at 7:00pm

Cost is \$5.00 per person

Pick-Up Volleyball - Calabogie

Date and Time: Thursday, November 20 7:45 pm - 9:45 pm

Address: 12629 Lanark Rd, Calabogie

No registration. No fee. Just show up and play!

Every Thursday evening from Nov 6 to Dec 18 (excluding Dec 11) from 7:45pm to 9:45pm at St. Joseph's

Catholic School Gymnasium in Calabogie, Community Volleyball Pickup Nights!

Friday, November 21, 2025

Hall Walking & Chair Yoga - Calabogie

Date and Time: Friday, November 21 9:30 am - 11:00 am

Address: 1044 Madawaska St

Join us every Friday Morning

We walk around the Hall for half an hour starting at 9:30

Chair Yoga & Meditation starts at 10 am

There is no cost

Come and join in the fun and relaxation

Book Chat - Calabogie

Date and Time: Friday, November 21 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

This is a sharing group for people who enjoy the written word, and storytelling. Bring your favourite excerpts from books and collections that you h ave read. Come prepared to listen and/or to read aloud. We'll supply tea/ coffee.

Saturday, November 22, 2025

Karate Classes - Dacre

Date and Time: Saturday, November 22 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

Monday, November 24, 2025

Heart Wise Walking Program - Dacre

Date and Time: Monday, November 24 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

Lions Euchre - Calabogie

Date and Time: Monday, November 24 7:00 pm

Address: 574 Mill Street, Calabogie

Doors open at 6:30pm. Euchre games start at 7:00 pm Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

Tuesday, November 25, 2025

Adult Open Art Studio - Calabogie

Date and Time: Tuesday, November 25 10:00 am - 12:00 pm

Address: Treehouse Art Studio, 729 Mill St, Calabogie

Adult Open Art Studio Tuesdays

Tuesdays 10 a.m. to 12 p.m.

Free Open Studio unless a formal workshop is arranged.

Join others with your creative projects.

Mahjong - Calabogie

Date and Time: Tuesday, November 25 2:00 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

This is a drop-in program for Mahjong (adult drop-in) meet-up and play.

Pickleball - Calabogie

Date and Time: Tuesday, November 25 5:30 pm - 7:30 pm

Address: 12629 Lanark Road

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact the Township Office.

Lions Club Bingo - Griffith

Date and Time: Tuesday, November 25 7:30 pm

Address: 25991 Hwy 41, Griffith

Denbigh Griffith Lions Club Bingo

Held every second Tuesday.

Doors open at 6:30pm and games start at 7:30pm

Wednesday, November 26, 2025

Village Voices Choir - Griffith

Date and Time: Wednesday, November 26 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

Watercolour Painting and Drawing Class - Calabogie

Date and Time: Wednesday, November 26 10:00 am - 12:00 pm

Address: Treehouse Art Studio, 729 Mill St, Calabogie

Watercolour Painting and Drawing Class

Wednesday's 10 am - 12 pm

A minimum of 3 registrations to hold a class and a limit of 10 participants

\$40 per person Price includes tax and materials

25% Discount for Calabogie Lodge Resort members and staying guests (\$30 per person)

Register by email: schalym@gmail.com Pay by E-transfer or Cash to instructor Marlene Schaly

When registering please include how many adults and children and the children's ages.

Children 6 and under are to be accompanied by an adult. The Adult does not pay if they are there to support their young child and not to participate independently.

These classes are suitable for all skill levels and the materials used are of artist quality.

Library Book Pickup/Dropoff - Griffith

Date and Time: Wednesday, November 26 10:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates througho ut the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the <u>library catalogue</u>. Register <u>online</u> for th is program with a valid library card using this form link: https://bit.ly/LME-request-to-register

Heart Wise Walking Program - Dacre

Date and Time: Wednesday, November 26 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

Finding Your Way Through Our Healthcare System - Calabogie

Date and Time: Wednesday, November 26 1:00 pm - 3:00 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

Navigating Our Healthcare System – Free Community Workshop

Calabogie Community Hall – 574 Mill Street Wednesday, November 26th 1:00 PM – 3:00 PM

Confused about how to access healthcare services? Want to know where to find trusted community supports or how technology like AI is shaping your care journey?

Join the **Patient, Family & Caregiver Network (PFAC)** for an informative and empowering workshop designed to help you find your way through our healthcare system.

What You'll Learn:

- How to navigate local healthcare services
- Where to find trusted community supports
- Tips for managing care at home
- What to expect as a patient, family member, or caregiver
- The role of technology in your healthcare journey

Who Should Attend?

Patients, caregivers, and community members—this session is for anyone looking to better understand and access healthcare services.

Register today: salc@greatermadawaska.com

Or call: 613-752-1129

Presented by the Ottawa Valley Ontario Health Team and GM55+ (SALC)

Thursday, November 27, 2025

Date and Time: Thursday, November 27 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Bas kets.

We got out far an activity and lunch twice a year.

Play & Learn at the Library - Calabogie

Date and Time: Thursday, November 27 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Play & Learn time at the Library is held on Thursday mornings is a drop-in program for parents/guardians to att end with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Brain Gym - Calabogie

Date and Time: Thursday, November 27 1:00 pm - 2:00 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

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GM55+ Member Fee: \$17.00 per 10-week session (That is \$1.70 per class)

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Pre-registration is required

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Chair Exercise (Falls Prevention) - Calabogie

Date and Time: Thursday, November 27 2:30 pm - 3:30 pm

Address: 574 Mill St. Calabogie, ON K0J 1H0

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Pre-registration is required through our website <u>Brain Gym Class and Chair Exercise Class - Township of Greater Madawaska</u>

Pickleball - Calabogie

Date and Time: Thursday, November 27 5:30 pm - 7:30 pm

Address: 12629 Lanark Road

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact the Township Office.

Archery for Everyone - Calabogie

Date and Time: Thursday, November 27 6:30 pm - 8:00 pm

Address: 1044 Madawaska Street, Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

Lions Club Darts - Griffith

Date and Time: Thursday, November 27 7:00 pm

Address: 25991 Hwy 41, Griffith

Darts - Thursdays at 7:00pm

Cost is \$5.00 per person

Pick-Up Volleyball - Calabogie

Date and Time: Thursday, November 27 7:45 pm - 9:45 pm

Address: 12629 Lanark Rd, Calabogie

No registration. No fee. Just show up and play!

Every Thursday evening from Nov 6 to Dec 18 (excluding Dec 11) from 7:45pm to 9:45pm at St. Joseph's

Catholic School Gymnasium in Calabogie, Community Volleyball Pickup Nights!

Friday, November 28, 2025

Hall Walking & Chair Yoga - Calabogie

Date and Time: Friday, November 28 9:30 am - 11:00 am

Address: 1044 Madawaska St

Join us every Friday Morning

We walk around the Hall for half an hour starting at 9:30

Chair Yoga & Meditation starts at 10 am

There is no cost

Come and join in the fun and relaxation

Book Chat - Calabogie

Date and Time: Friday, November 28 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

This is a sharing group for people who enjoy the written word, and storytelling. Bring your favourite excerpts from books and collections that you h ave read. Come prepared to listen and/or to read aloud. We'll supply tea/ coffee.

Games Night - Dacre

Date and Time: Friday, November 28 7:00 pm

Address: 111 Flat Road, Dacre

Games Night at DACA

Every 2nd and 4th Friday of the month at 7pm, unless there are other pre-planned functions, in this case particip ants can mutually agree to reschedule.

These events consist of a variety of different games such as Euchre, Trains, or other.

Participants could bring baked goods or snacks to share and hot beverages would be supplied.

For more info contact Kerry

Saturday, November 29, 2025

Karate Classes - Dacre

Date and Time: Saturday, November 29 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

https://calendar.greatermadawaska.com