

## **Saturday, November 2, 2024**

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### **Karate Classes - Dacre**

Date and Time: Saturday, November 2 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### **David Francey Concert - Matawatchan**

Date and Time: Saturday, November 2 7:00 pm

Address: 1677 Frontenac Road, Griffith

David Francey, a 4 times Juno award winner, is described as one of Canada's best folk artists, outstanding poet, songwriter and storyteller.

Tickets are \$35 each and they will go fast.

Contact by email for ticket purchasing information.

## **Sunday, November 3, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, November 3 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Monday, November 4, 2024**

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### **Heart Wise Walking Program - Dacre**

Date and Time: Monday, November 4 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

### **Lions Euchre - Calabogie**

Date and Time: Monday, November 4 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Doors open at 6:30pm. Euchre games start at 7:00 pm Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, November 5, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Tuesday, November 5 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Fibre Art - Calabogie**

Date and Time: Tuesday, November 5 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Lego Lounge - Calabogie**

Date and Time: Tuesday, November 5 3:35 pm - 4:35 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## **Pickleball - Calabogie**

Date and Time: Tuesday, November 5 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

# Wednesday, November 6, 2024

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## Village Voices Choir - Griffith

Date and Time: Wednesday, November 6 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

## Heart Wise Walking Program - Dacre

Date and Time: Wednesday, November 6 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11 am except holiday Mondays.

If you have any questions please contact Betty

# Thursday, November 7, 2024

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## Exercise Class - Griffith

Date and Time: Thursday, November 7 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out far an activity and lunch twice a year.

## **Preschool Storytime - Calabogie**

Date and Time: Thursday, November 7 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Exercise Class - Matawatchan**

Date and Time: Thursday, November 7 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Pickleball - Calabogie**

Date and Time: Thursday, November 7 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Archery for Everyone - Calabogie**

Date and Time: Thursday, November 7 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

## **Saturday, November 9, 2024**

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### **Karate Classes - Dacre**

Date and Time: Saturday, November 9 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### **Game Night - Calabogie**

Date and Time: Saturday, November 9 6:00 pm - 8:30 pm

Address: 1044 Madawaska St Calabogie

Come out to Calabogie United Church Hall for board games, Magic the Gathering, Dungeons & Dragons and more

Special Guest Jordan Richer co-creator of Humblewood

No Charge

## **Sunday, November 10, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, November 10 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Remembrance Day Service - Calabogie**

Date and Time: Sunday, November 10 2:00 pm

Address: Madawaska Street, Calabogie

Remembrance Day Service at the Calabogie Cenotaph.

Refreshments to follow at the Community Hall..

## **Monday, November 11, 2024**

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### **Township Office Closed**

Date and Time: Monday, November 11 8:30 am - 4:00 pm

Address: 19 Parnell St, Calabogie

### **Lions Euchre - Calabogie**

Date and Time: Monday, November 11 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Doors open at 6:30pm. Euchre games start at 7:00 pm Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, November 12, 2024**

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## **Fibre Art - Calabogie**

Date and Time: Tuesday, November 12 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Exercise Class - Matawatchan**

Date and Time: Tuesday, November 12 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Lego Lounge - Calabogie**

Date and Time: Tuesday, November 12 3:35 pm - 4:35 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.



This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## **Pickleball - Calabogie**

Date and Time: Tuesday, November 12 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Lions Club Bingo - Griffith**

Date and Time: Tuesday, November 12 6:30 pm - 9:30 pm

Address: 25991 Hwy 41, Griffith

Doors open at 6:30pm

First game starts at 7:30pm

## **Matawatchan Hall AGM - Matawatchan**

Date and Time: Tuesday, November 12 6:30 pm - 7:30 pm

Address: 1635 Frontenac Rd, Matawatchan ON

ANNUAL GENERAL MEETING (AGM)

On Tuesday November 12th, 2024, the Matawatchan Hall will be hosting it's Annual General Meeting (AGM) from 6:30 p.m. to 7:30 p.m..

The meeting will be held at the hall, 1635 Frontenac Road, Matawatchan , Ontario. Coffee/tea will be served

We are looking for one new member to join the hall board and others for the volunteer committee. We would also love to receive feedback and have a discussion re hall activities and possible future events. Please come out and join the discussion so that we can hear from you!

If you have any questions, please contact Peter Chess at (613) 318-8308.

Hope to see you there!

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## **Wednesday, November 13, 2024**

## **Library Book Pickup/Dropoff - Griffith**

Date and Time: Wednesday, November 13 12:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates throughout the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the [library catalogue](#). Register [online](#) for this program with a valid library card using this form link: <https://bit.ly/LME-request-to-register>

## **Heart Wise Walking Program - Dacre**

Date and Time: Wednesday, November 13 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

## **Village Voices Choir - Griffith**

Date and Time: Wednesday, November 13 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

## **Special Council Meeting**

Date and Time: Wednesday, November 13 3:00 pm

Address: 19 Parnell Street, Calabogie

## **Bingo - Calabogie Lions Club - Calabogie**

Date and Time: Wednesday, November 13 6:30 pm

Address: 574 Mill Street, Calabogie Community Hall

Calabogie Lions Club Bingo

Doors open at 6:30pm, starts at 7:00pm

## **Dacre and Area Community Association General Meeting - Dacre**

Date and Time: Wednesday, November 13 7:00 pm

Address: 111 Flat Road, Dacre, ON

General Meeting of the Dacre and Area Community Association.

All Are Welcome.

## **Thursday, November 14, 2024**

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### **Exercise Class - Griffith**

Date and Time: Thursday, November 14 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

### **Preschool Storytime - Calabogie**

Date and Time: Thursday, November 14 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Exercise Class - Matawatchan**

Date and Time: Thursday, November 14 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Tentative - Public Meeting and/or Committee of Adjustment**

Date and Time: Thursday, November 14 3:00 pm

Address: 19 Parnell St, Calabogie

Please see our [Meetings and Information Portal](#) for information on scheduled meetings

## **Pickleball - Calabogie**

Date and Time: Thursday, November 14 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Archery for Everyone - Calabogie**

Date and Time: Thursday, November 14 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

## **Friday, November 15, 2024**

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### **Hall Walking and Chair Yoga - Calabogie**

Date and Time: Friday, November 15 9:30 am - 11:00 am

Address: 1044 Madawaska St

We have restarted Hall Walking for the colder months.

This is a drop in, no charge weekly walking opportunity

Chair Yoga and meditation follow. Again this is drop in with no charge

### **Bogie Lights - Calabogie**

Date and Time: Friday, November 15 6:30 pm - 8:00 pm

Address: Highway 511

Please join the Calabogie 55+ Club to turn on the Christmas Lights at Heritage Point (highway 511)

We will be serving hot chocolate, apple cider and cookies.

The campfire will be burning for roasting marshmallows

We will be singing Christmas Carols.

### **Games Night - Dacre**

Date and Time: Friday, November 15 7:00 pm

Address: 111 Flat Road, Dacre, ON

Games Night at DACA

Every 1st and 3rd Friday of the month @ 7pm.

These events consist of a variety of different games such as Euchre, Trains, or other.

Held on the 1st and 3rd Friday of every month unless there are other pre-planned functions, in this case participants can mutually agree to reschedule.

Participants could bring baked goods or snacks to share and hot beverages would be supplied.

For more info contact Kerry

## **Saturday, November 16, 2024**

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### **Karate Classes - Dacre**

Date and Time: Saturday, November 16 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### **Christmas Bazaar and Light Lunch - Calabogie**

Date and Time: Saturday, November 16 11:00 am - 3:00 pm

Address: 1044 Madawaska St., Calabogie

Christmas Bazaar featuring local artisans and vendors held in the Calabogie United Church Hall

A light lunch of homemade soups, sandwiches, dessert, tea & coffee will be served. Cost is a freewill donation that goes to the Church.

Gluten Free options are available.

## **Sunday, November 17, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, November 17 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Monday, November 18, 2024**

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### **Heart Wise Walking Program - Dacre**

Date and Time: Monday, November 18 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

### **Lions Euchre - Calabogie**

Date and Time: Monday, November 18 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Doors open at 6:30pm. Euchre games start at 7:00 pm Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, November 19, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Tuesday, November 19 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Fibre Art - Calabogie**

Date and Time: Tuesday, November 19 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Lego Lounge - Calabogie**

Date and Time: Tuesday, November 19 3:35 pm - 4:35 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## **Pickleball - Calabogie**

Date and Time: Tuesday, November 19 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St. Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!



Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

## **Wednesday, November 20, 2024**

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### **Village Voices Choir - Griffith**

Date and Time: Wednesday, November 20 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

### **Heart Wise Walking Program - Dacre**

Date and Time: Wednesday, November 20 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11 am except holiday Mondays.

If you have any questions please contact Betty

### **Library Book Club - Calabogie**

Date and Time: Wednesday, November 20 1:00 pm - 2:30 pm

Address: 12629 Lanark Road

The book club currently meets 1-2:30pm every third Wednesday of the month.

Book copies are purchased or acquired through interlibrary loan and are shared with group members.

The club decides together on a title to read, or a collection of work to explore.

The aim is to meet other people who love to read, to grow as a reader, and to have fun talking about books.

If you want to expand your reading list, and gain fresh perspective on new and sometimes familiar stories, this might be a great program for you.

If interested in joining the book club, please contact the library.

# Thursday, November 21, 2024

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## Exercise Class - Griffith

Date and Time: Thursday, November 21 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

## Preschool Storytime - Calabogie

Date and Time: Thursday, November 21 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## Exercise Class - Matawatchan

Date and Time: Thursday, November 21 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Regular Council Meeting**

Date and Time: Thursday, November 21 3:00 pm

Address: 19 Parnell St, Calabogie

Please see our [Meetings and Information Portal](#) for information on scheduled meetings.

## **Pickleball - Calabogie**

Date and Time: Thursday, November 21 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Archery for Everyone - Calabogie**

Date and Time: Thursday, November 21 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

## **Friday, November 22, 2024**

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## **Hall Walking and Chair Yoga - Calabogie**

Date and Time: Friday, November 22 9:30 am - 11:00 am

Address: 1044 Madawaska St

We have restarted Hall Walking for the colder months.

This is a drop in, no charge weekly walking opportunity

Chair Yoga and meditation follow. Again this is drop in with no charge

## **Saturday, November 23, 2024**

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### **Karate Classes - Dacre**

Date and Time: Saturday, November 23 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### **Greater Madawaska Activity Showcase - Calabogie**

Date and Time: Saturday, November 23 2:00 pm - 6:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Greater Madawaska Activity Showcase

Showcasing the Recreation and Cultural activities offered throughout the Township of Greater Madawaska

This is a free event hosted by the Recreation and Culture Committee, where local groups, businesses, and individuals will showcase what they have to offer to keep the community active, entertained, and enriched.

Live Music, Cash Bar, Refreshments

## **Sunday, November 24, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, November 24 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall

on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Monday, November 25, 2024**

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### **Heart Wise Walking Program - Dacre**

Date and Time: Monday, November 25 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

### **Lions Euchre - Calabogie**

Date and Time: Monday, November 25 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Doors open at 6:30pm. Euchre games start at 7:00 pm Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, November 26, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Tuesday, November 26 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall

on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Fibre Art - Calabogie**

Date and Time: Tuesday, November 26 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Lego Lounge - Calabogie**

Date and Time: Tuesday, November 26 3:35 pm - 4:35 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## **Pickleball - Calabogie**

Date and Time: Tuesday, November 26 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Lions Club Bingo - Griffith**

Date and Time: Tuesday, November 26 6:30 pm - 9:30 pm

Address: 25991 Hwy 41, Griffith

Doors open at 6:30pm

First game starts at 7:30pm

## **Wednesday, November 27, 2024**

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### **Library Book Pickup/Dropoff - Griffith**

Date and Time: Wednesday, November 27 12:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates throughout the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the [library catalogue](#). Register [online](#) for this program with a valid library card using this form link: <https://bit.ly/LME-request-to-register>

### **Heart Wise Walking Program - Dacre**

Date and Time: Wednesday, November 27 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

The Heart Wise Walking Program at the DACA Centre, every Monday and Wednesday from 10 to 11am except holiday Mondays.

If you have any questions please contact Betty

### **Village Voices Choir - Griffith**

Date and Time: Wednesday, November 27 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

## **Thursday, November 28, 2024**

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### **Exercise Class - Griffith**

Date and Time: Thursday, November 28 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

### **Preschool Storytime - Calabogie**

Date and Time: Thursday, November 28 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

### **Exercise Class - Matawatchan**



Date and Time: Thursday, November 28 10:00 am - 11:00 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 10:00 - 11:00am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Pickleball - Calabogie**

Date and Time: Thursday, November 28 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Archery for Everyone - Calabogie**

Date and Time: Thursday, November 28 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

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## **Friday, November 29, 2024**

## Hall Walking and Chair Yoga - Calabogie

Date and Time: Friday, November 29 9:30 am - 11:00 am

Address: 1044 Madawaska St

We have restarted Hall Walking for the colder months.

This is a drop in, no charge weekly walking opportunity

Chair Yoga and meditation follow. Again this is drop in with no charge

## Games Night - Dacre

Date and Time: Friday, November 29 7:00 pm

Address: 111 Flat Road, Dacre, ON

Games Night at DACA

Every 1st and 3rd Friday of the month @ 7pm.

These events consist of a variety of different games such as Euchre, Trains, or other.

Held on the 1st and 3rd Friday of every month unless there are other pre-planned functions, in this case participants can mutually agree to reschedule.

Participants could bring baked goods or snacks to share and hot beverages would be supplied.

For more info contact Kerry

## Saturday, November 30, 2024

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### Karate Classes - Dacre

Date and Time: Saturday, November 30 10:00 am - 11:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 10 - 11am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### Christmas Tea - Dacre

Date and Time: Saturday, November 30 1:00 pm

Address: 111 Flat Road, Dacre

St. Patrick's Parish invites you to:

Christmas Tea at the Mountain

Tickets \$20

## **Carols, Candles and Cookies - Calabogie**

Date and Time: Saturday, November 30 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Please join us in the Calabogie United Church Hall to sing Christmas Carols and enjoy some cookies.

We will have some crafts for the children

We will also be serving hot chocolate.

There is no charge for this event just come and have fun

<https://calendar.greatermadawaska.com>