

## **Sunday, September 1, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, September 1 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **Sunday Live music @ Somewhere Inn- Calabogie**

Date and Time: Sunday, September 1 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

## **Monday, September 2, 2024**

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### **Township Office Closed**

Date and Time: Monday, September 2 8:30 am - 4:00 pm

Address: 19 Parnell St, Calabogie

### **Lions Euchre - Calabogie**

Date and Time: Monday, September 2 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, September 3, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Tuesday, September 3 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **Fibre Art - Calabogie**

Date and Time: Tuesday, September 3 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Lego Lounge - Calabogie**

Date and Time: Tuesday, September 3 3:35 pm - 4:35 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## **Pickleball - Calabogie**

Date and Time: Tuesday, September 3 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St. Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

## **Lions Club Bingo - Griffith**

Date and Time: Tuesday, September 3 6:30 pm - 9:30 pm

Address: 25991 Hwy 41, Griffith

Doors open at 6:30pm

First game starts at 7:30pm

## **Wednesday, September 4, 2024**

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### **Painting in the Park**

Date and Time: Wednesday, September 4 6:30 pm - 8:30 pm

Address: 5179 Calabogie Road

Join local artist Morgana Dillingham for weekly paint night in the park. This summer series is inspired by the beauty of nature, with the goal to bring people together to incorporate more art into our lifestyles. Art is so therapeutic as it inspires socializing, stress release, creativity, and is an expression of our inner selves. We combine th

e painting with a potluck style picnic. Feel free to bring something to nibble on or to share! Hope to see you there - Morgana

Barnet Park, Calabogie ON (5179 Calabogie Road)

☐ Wednesdays 6:30pm — 8:30pm on June 26, July 3, July 10, July 17, August 28, Sept 4, Sept 11, Sept 18  
6:30 - 8:30 pm

\$5 bring your own supplies

\$15 use our brushes, paints, etc.

\$20 mini take home art kit

Drop in or sign up in advance (sign up required for take home's or anyone wanting to use our supplies).  
Contact Morgana Dillingham to reserve your spot.

<https://www.instagram.com/reel/C8Sz1Qrxo-O/?igsh=bzAxMHBxYTFoN2tk>

## **Thursday, September 5, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Thursday, September 5 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **Preschool Storytime - Calabogie**

Date and Time: Thursday, September 5 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with preschool children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Pickleball - Calabogie**

Date and Time: Thursday, September 5 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Archery for Everyone**

Date and Time: Thursday, September 5 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

## **Mad River Paddle Club - Calabogie**

Date and Time: Thursday, September 5 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP [madriverpaddleco.com](http://madriverpaddleco.com)

## **Friday, September 6, 2024**

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### **Walking in the Hall - Calabogie**

Date and Time: Friday, September 6 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

## **Games Night - Dacre**

Date and Time: Friday, September 6 7:00 pm

Address: 111 Flat Road, Dacre, ON

Games Night at DACA

Every 1st and 3rd Friday of the month @ 7pm.

These events consist of a variety of different games such as Euchre, Trains, or other.

Held on the 1st and 3rd Friday of every month unless there are other pre-planned functions, in this case participants can mutually agree to reschedule.

Participants could bring baked goods or snacks to share and hot beverages would be supplied.

For more info contact Kerry

## **Saturday, September 7, 2024**

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### **Karate Classes - Dacre**

Date and Time: Saturday, September 7 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### **Boot Camp Fitness - Calabogie**

Date and Time: Saturday, September 7 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, St. Joseph School Gym

Fitness for Everybody - drop-in (18+)

"Boot Camp" is coming to the library!

Join us for music, exercise, and lots of fun!

This program is for adults at all fitness levels.

Work at your own pace in a supportive environment.

Come with a mat, a water bottle, a small towel, and light weights if you have them (2-5lbs)

Leadership will be shared with group participants, eg. Alanna, Isabelle, & Mary Beth.

## **Sunday, September 8, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, September 8 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Monday, September 9, 2024**

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### **Lions Euchre - Calabogie**

Date and Time: Monday, September 9 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, September 10, 2024**

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## Exercise Class - Matawatchan

Date and Time: Tuesday, September 10 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## Fibre Art - Calabogie

Date and Time: Tuesday, September 10 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## Lego Lounge - Calabogie

Date and Time: Tuesday, September 10 3:35 pm - 4:35 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination!



n and make your own fun. Name your creation and we will display it in the library!

## Pickleball - Calabogie

Date and Time: Tuesday, September 10 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## Wednesday, September 11, 2024

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### Library Book Pickup/Dropoff - Griffith

Date and Time: Wednesday, September 11 12:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates throughout the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the [library catalogue](#). Register [online](#) for this program with a valid library card using this form link: <https://bit.ly/LME-request-to-register>

### Village Voices Choir - Griffith

Date and Time: Wednesday, September 11 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

### Painting in the Park

Date and Time: Wednesday, September 11 6:30 pm - 8:30 pm

Address: 5179 Calabogie Road

Join local artist Morgana Dillingham for weekly paint night in the park. This summer series is inspired by the beauty of nature, with the goal to bring people together to incorporate more art into our lifestyles. Art is so therapeutic as it inspires socializing, stress release, creativity, and is an expression of our inner selves. We combine the painting with a potluck style picnic. Feel free to bring something to nibble on or to share! Hope to see you there - Morgana

Barnet Park, Calabogie ON (5179 Calabogie Road)

□ Wednesdays 6:30pm — 8:30pm on June 26, July 3, July 10, July 17, August 28, Sept 4, Sept 11, Sept 18  
6:30 - 8:30 pm

\$5 bring your own supplies

\$15 use our brushes, paints, etc.

\$20 mini take home art kit

Drop in or sign up in advance (sign up required for take home's or anyone wanting to use our supplies).  
Contact Morgana Dillingham to reserve your spot.

<https://www.instagram.com/reel/C8Sz1Qrxo-O/?igsh=bzAxMHBxYTFoN2tk>

## **Dacre and Area Community Association General Meeting - Dacre**

Date and Time: Wednesday, September 11 7:00 pm

Address: 111 Flat Road, Dacre, ON

General Meeting of the Dacre and Area Community Association.

All Are Welcome.

## **Thursday, September 12, 2024**

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### **Exercise Class - Griffith**

Date and Time: Thursday, September 12 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

## **Preschool Storytime - Calabogie**

Date and Time: Thursday, September 12 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Exercise Class - Matawatchan**

Date and Time: Thursday, September 12 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Tentative - Public Meeting and/or Committee of Adjustment**

Date and Time: Thursday, September 12 3:00 pm

Address: 19 Parnell St, Calabogie

Please see our [Meetings and Information Portal](#) for information on scheduled meetings

## **Pickleball - Calabogie**

Date and Time: Thursday, September 12 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St. Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

## **Archery for Everyone**

Date and Time: Thursday, September 12 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

## **Mad River Paddle Club - Calabogie**

Date and Time: Thursday, September 12 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP [madriverpaddleco.com](http://madriverpaddleco.com)

## **Friday, September 13, 2024**

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### **Walking in the Hall - Calabogie**

Date and Time: Friday, September 13 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

# **Saturday, September 14, 2024**

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## **Karate Classes - Dacre**

Date and Time: Saturday, September 14 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

## **Hike Night @ Somewhere Inn- Calabogie**

Date and Time: Saturday, September 14 7:00 pm - 9:00 pm

Address: 5254 Calabogie road

Come meet us at the Somewhere Inn wine bar and hike our beautiful Eagles Nest Trail for free, with us!

# **Sunday, September 15, 2024**

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## **Terry Fox Run - Griffith**

Date and Time: Sunday, September 15 9:00 am - 12:00 pm

Address: Hwy 41

Griffith Lions Hall

Registration starts at 9am

Run starts at 10am

Run/walk/cycle

Out and back 5km and 10km marked distances starting on Church St and then along Flying Club Road.

## **Exercise Class - Matawatchan**

Date and Time: Sunday, September 15 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Monday, September 16, 2024**

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### **Lions Euchre - Calabogie**

Date and Time: Monday, September 16 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, September 17, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Tuesday, September 17 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **Fibre Art - Calabogie**

Date and Time: Tuesday, September 17 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Lego Lounge - Calabogie**

Date and Time: Tuesday, September 17 3:35 pm - 4:35 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## **Pickleball - Calabogie**

Date and Time: Tuesday, September 17 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St. Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

## **Lions Club Bingo - Griffith**

Date and Time: Tuesday, September 17 6:30 pm - 9:30 pm

Address: 25991 Hwy 41, Griffith

Doors open at 6:30pm

First game starts at 7:30pm

## Wednesday, September 18, 2024

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### Village Voices Choir - Griffith

Date and Time: Wednesday, September 18 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

### Painting in the Park

Date and Time: Wednesday, September 18 6:30 pm - 8:30 pm

Address: 5179 Calabogie Road

Join local artist Morgana Dillingham for weekly paint night in the park. This summer series is inspired by the beauty of nature, with the goal to bring people together to incorporate more art into our lifestyles. Art is so therapeutic as it inspires socializing, stress release, creativity, and is an expression of our inner selves. We combine the painting with a potluck style picnic. Feel free to bring something to nibble on or to share! Hope to see you there - Morgana

Barnet Park, Calabogie ON (5179 Calabogie Road)

☐ Wednesdays 6:30pm — 8:30pm on June 26, July 3, July 10, July 17, August 28, Sept 4, Sept 11, Sept 18  
6:30 - 8:30 pm

\$5 bring your own supplies

\$15 use our brushes, paints, etc.

\$20 mini take home art kit

Drop in or sign up in advance (sign up required for take home's or anyone wanting to use our supplies).  
Contact Morgana Dillingham to reserve your spot.

<https://www.instagram.com/reel/C8SzlQrxo-O/?igsh=bzAxMHBxYTFoN2tk>

## Thursday, September 19, 2024

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## **Exercise Class - Griffith**

Date and Time: Thursday, September 19 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out far an activity and lunch twice a year.

## **Preschool Storytime - Calabogie**

Date and Time: Thursday, September 19 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Exercise Class - Matawatchan**

Date and Time: Thursday, September 19 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Regular Council Meeting**

Date and Time: Thursday, September 19 3:00 pm

Address: 19 Parnell St, Calabogie

Please see our [Meetings and Information Portal](#) for information on scheduled meetings.

## **Pickleball - Calabogie**

Date and Time: Thursday, September 19 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Archery for Everyone**

Date and Time: Thursday, September 19 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

## **Mad River Paddle Club - Calabogie**

Date and Time: Thursday, September 19 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress an

d let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP [madrivernpaddleco.com](http://madrivernpaddleco.com)

## **Friday, September 20, 2024**

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### **Walking in the Hall - Calabogie**

Date and Time: Friday, September 20 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

### **Local Immigration Partnership - Lanark/ Renfrew - INFO Session - Calabogie**

Date and Time: Friday, September 20 10:00 am - 10:45 am

Address: 12629 Lanark Road

Learn how you can get involved!

This session will include:

- A walk-through/navigation of the LIP website, particularly, the Newcomer Portal. This portal is a resource hub, containing information about the various support services available to newcomers.
- An introduction to the Learning and Connections Circle Mentorship program, which is a dynamic partnership that bridges experienced mentors with newcomers, allowing for exchanging knowledge, experience, and professional networks.

### **Six Hand Euchre Tournament - Dacre**

Date and Time: Friday, September 20 7:00 pm

Address: 111 Flat Road, Dacre, ON

Put together a team and join us for a fun and entertaining evening of 6 hand euchre. Prize for the winning team as well as Dor Prize and Lucky Draw opportunity.

Entrance fee \$10 per person.

Snacks available and a cash bar will be open.

Light Lunch will be available.

Please Pre-Register your team by September 10th.

## **Saturday, September 21, 2024**

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### **Karate Classes - Dacre**

Date and Time: Saturday, September 21 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

## **Sunday, September 22, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, September 22 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Monday, September 23, 2024**

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### **Lions Euchre - Calabogie**

Date and Time: Monday, September 23 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, September 24, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Tuesday, September 24 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **Fibre Art - Calabogie**

Date and Time: Tuesday, September 24 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Lego Lounge - Calabogie**

Date and Time: Tuesday, September 24 3:35 pm - 4:35 pm

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## **Pickleball - Calabogie**

Date and Time: Tuesday, September 24 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Wednesday, September 25, 2024**

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### **Library Book Pickup/Dropoff - Griffith**

Date and Time: Wednesday, September 25 12:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates throughout the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the [library catalogue](#). Register [online](#) for this program with a valid library card using this form link: <https://bit.ly/LME-request-to-register>

### **Village Voices Choir - Griffith**

Date and Time: Wednesday, September 25 10:00 am

Address: 25197 Hwy 41, Griffith

Come Sing With Us at Hilltop Church!

Village Voices Choir

Wednesdays at 10:00am

Secular Music, under the talented direction of Debra Green.

## **Thursday, September 26, 2024**

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### **Exercise Class - Griffith**

Date and Time: Thursday, September 26 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

### **Preschool Storytime - Calabogie**

Date and Time: Thursday, September 26 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

### **Exercise Class - Matawatchan**

Date and Time: Thursday, September 26 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Pickleball - Calabogie**

Date and Time: Thursday, September 26 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Archery for Everyone**

Date and Time: Thursday, September 26 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

## **Mad River Paddle Club - Calabogie**

Date and Time: Thursday, September 26 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP [madriverpaddleco.com](http://madriverpaddleco.com)



## Friday, September 27, 2024

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### Walking in the Hall - Calabogie

Date and Time: Friday, September 27 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

## Saturday, September 28, 2024

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### Karate Classes - Dacre

Date and Time: Saturday, September 28 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### 10 Healthy Habits of Financial Management - FREE Workshop

Date and Time: Saturday, September 28 10:00 am - 11:30 am

Address: 574 Mill Street, Calabogie, ON

This is a FREE workshop with Laura White, CPA.

Laura is a CPA with 35+ years of experience across a wide variety of business and accounting roles in public accounting, insurance, consulting, government, high tech and real estate. She is retired from her long term role as a Chief Financial Officer and leverages her wealth of experience and CPA expertise to provide consulting to a variety of businesses.

Laura is passionate about Financial Literacy and volunteers in the community to deliver workshops on this topic.

In this workshop, you will learn to:

- Set goals
- Assess your financial fitness

- Practice good financial habits for improved financial security

The session will run for approximately one hour, with time following for questions. A take-home learning resource package will be available. Light refreshments will be provided.

We ask that you PRE-REGISTER for this workshop so that we know what resources we will need. To do so, please contact the library before September 21: 613-752-2317 | [gmpllc.staff@gmail.com](mailto:gmpllc.staff@gmail.com)

## **Sunday, September 29, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, September 29 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **St. Patrick's Parish Annual Supper and Bazaar - Dacre**

Date and Time: Sunday, September 29 1:00 pm - 6:00 pm

Address: 111 Flat Road, Dacre, ON

St. Patrick's Parish Annual Supper and Bazaar

Sunday September 29th 1-6pm

Mass at 12:00pm

Supper Featuring: Ham & Beans, baked potatoes, coleslaw, rolls, pies

Adults \$20

12 & Under \$12

Dine-in or Take-out, to be served at DACA Centre, 111 Flat Rd, Dacre

Bake Sale Tent at DACA

White Elephant Tables and Religious Articles at St. Patrick's Parish Hall 1:00-4:00pm

# Monday, September 30, 2024

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## Township Office Closed

Date and Time: Monday, September 30 8:30 am - 4:00 pm

Address: 19 Parnell St, Calabogie

## Lions Euchre - Calabogie

Date and Time: Monday, September 30 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

<https://calendar.greatermadawaska.com>