

Thursday, August 1, 2024

Exercise Class - Griffith

Date and Time: Thursday, August 1 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

Preschool Storytime - Calabogie

Date and Time: Thursday, August 1 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Exercise Class - Matawatchan

Date and Time: Thursday, August 1 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Pickleball - Calabogie

Date and Time: Thursday, August 1 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

Mad River Paddle Club - Calabogie

Date and Time: Thursday, August 1 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP madriverpaddleco.com

Friday, August 2, 2024

Walking in the Hall - Calabogie

Date and Time: Friday, August 2 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

Lego Lounge - Calabogie

Date and Time: Friday, August 2 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

Movie Night & Bingo @ Somewhere Inn- Calabogie

Date and Time: Friday, August 2 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

Saturday, August 3, 2024

Ottawa Spartan Race - Calabogie

Date and Time: Saturday, August 3 7:00 am - 6:00 pm

Address: 30 Barrett Chute Road

The courses at Calabogie Peaks spare no expense to push you and your friends to your limits. With steep inclines, steeper declines, and the occasional flat meadow, the Calabogie Peaks route is a combination of refreshing variety and timeless tests.

More upcoming events at Calabogie Peaks can be found [here](#).

Karate Classes - Dacre

Date and Time: Saturday, August 3 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

Yoga outside @ Somewhere Inn- Calabogie

Date and Time: Saturday, August 3 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 108. Bring your own mat!

Calabogie Market

Date and Time: Saturday, August 3 10:00 am - 1:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Yard Sale & BBQ - Matawatchan

Date and Time: Saturday, August 3 10:00 am - 2:00 pm

Address: 1677 Frontenac Road, Matawatchan

Annual yard Sale and BBQ,

Call Nancy to reserve a \$5 table

Boot Camp Fitness - Calabogie

Date and Time: Saturday, August 3 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, St. Joseph School Gym

Fitness for Everybody - drop-in (18+)

"Boot Camp" is coming to the library!

Join us for music, exercise, and lots of fun!

This program is for adults at all fitness levels.

Work at your own pace in a supportive environment.

Come with a mat, a water bottle, a small towel, and light weights if you have them (2-5lbs)

Leadership will be shared with group participants, eg. Alanna, Isabelle, & Mary Beth.

Sunday, August 4, 2024

Ottawa Spartan Race - Calabogie

Date and Time: Sunday, August 4 7:00 am - 6:00 pm

Address: 30 Barrett Chute Road

The courses at Calabogie Peaks spare no expense to push you and your friends to your limits. With steep inclines, steeper declines, and the occasional flat meadow, the Calabogie Peaks route is a combination of refreshing variety and timeless tests.

More upcoming events at Calabogie Peaks can be found [here](#).

Exercise Class - Matawatchan

Date and Time: Sunday, August 4 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Sunday Live music @ Somewhere Inn- Calabogie

Date and Time: Sunday, August 4 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

Monday, August 5, 2024

Township Office Closed

Date and Time: Monday, August 5 8:30 am - 4:00 pm

Address: 19 Parnell St, Calabogie

Lions Euchre - Calabogie

Date and Time: Monday, August 5 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

Tuesday, August 6, 2024

Exercise Class - Matawatchan

Date and Time: Tuesday, August 6 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Fibre Art - Calabogie

Date and Time: Tuesday, August 6 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed

iled instruction can be arranged with the host for a fee.

Pickleball - Calabogie

Date and Time: Tuesday, August 6 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

Lions Club Bingo - Griffith

Date and Time: Tuesday, August 6 6:30 pm - 9:30 pm

Address: 25991 Hwy 41, Griffith

Doors open at 6:30pm

First game starts at 7:30pm

Thursday, August 8, 2024

Exercise Class - Griffith

Date and Time: Thursday, August 8 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

Preschool Storytime - Calabogie

Date and Time: Thursday, August 8 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Exercise Class - Matawatchan

Date and Time: Thursday, August 8 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Tentative - Public Meeting and/or Committee of Adjustment

Date and Time: Thursday, August 8 3:00 pm

Address: 19 Parnell St, Calabogie

Please see our [Meetings and Information Portal](#) for information on scheduled meetings

Pickleball - Calabogie

Date and Time: Thursday, August 8 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St. Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

Archery for Everyone

Date and Time: Thursday, August 8 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

Mad River Paddle Club - Calabogie

Date and Time: Thursday, August 8 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP madriverpaddleco.com

Friday, August 9, 2024

2024 Canadian Orienteering Festival - Calabogie

Date and Time: Friday, August 9 7:00 am

Address: 30 Barrett Chute Road

Featuring world-class sprint and forest terrain. Elite athletes, age group championships, and open classes for recreational orienteers can all explore the Canadian Shield at Calabogie Peaks in the Middle and Long Distance events.

- Friday, August 9 - NAOC Model
- Saturday, August 10 - NAOC Middle, Banquet & Silent Auction
- Sunday, August 11 - NAOC Long

Open to the public. Registration fee required.

Walking in the Hall - Calabogie

Date and Time: Friday, August 9 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

Lego Lounge - Calabogie

Date and Time: Friday, August 9 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

Movie Night & Bingo @ Somewhere Inn- Calabogie

Date and Time: Friday, August 9 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

Saturday, August 10, 2024

Sasquatch Invitational Fishing Competition- Calabogie

Date and Time: Saturday, August 10 7:00 am - 5:00 pm

Address: Barnet Cottage, Calabogie Lake

August 10th, the Sasquatch Invitational fishing /golf shot competition is moving to Calabogie Lake. After 10 successful years on the Madawaska River, we are expanding. It will no longer be by invitation, it is now a family friendly open tournament.

There are 3 divisions to choose from:

1. The Bassmasters; this is a 2-person team event \$60 per team
2. The Guardian Division; a 2-person team event consisting of one adult and one youngster age 8-15. You

may choose to fish from shore or use a boat in this division. Entry fee \$35 per team. Every kid entered in this division receives a new fishing rod and reel.

3. Shore fisherman/fisherwoman division. This takes place within the boundaries of the Barnet Cottage. Entry fee \$25.

The golf shot competition is included with fishing entry fee and allows ages 16 and up 3 shots at a floating 8ft tube, 50 yards off shore. Floating balls and clubs will be provided.

Thousands of dollars in prizes. Free all day BBQ and soft drinks during event. Many free draw prizes included. Spouses and children not competing are welcome to enjoy all the free food and draw prizes too.

We have many contributions to this tournament from the area and Ottawa. This allows us to keep costs to the competitors as low as possible and still have great payouts to the top 3 in each division and the golf shot champion.

All entries must be prepaid. Every dollar collected goes toward the food and prizes. There will be a cap put on the amount of boats entered so register early.

Contact Wally at chicagowally@live.com or at 613-277-4595 for more details.

2024 Canadian Orienteering Festival - Calabogie

Date and Time: Saturday, August 10 7:00 am

Address: 30 Barrett Chute Road

Featuring world-class sprint and forest terrain. Elite athletes, age group championships, and open classes for recreational orienteers can all explore the Canadian Shield at Calabogie Peaks in the Middle and Long Distance events.

- Friday, August 9 - NAOC Model
- Saturday, August 10 - NAOC Middle, Banquet & Silent Auction
- Sunday, August 11 - NAOC Long

Open to the public. Registration fee required.

Karate Classes - Dacre

Date and Time: Saturday, August 10 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

Yoga outside @ Somewhere Inn- Calabogie

Date and Time: Saturday, August 10 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 108. Bring your own mat!

Calabogie Market

Date and Time: Saturday, August 10 10:00 am - 1:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Boot Camp Fitness - Calabogie

Date and Time: Saturday, August 10 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, St. Joseph School Gym

Fitness for Everybody - drop-in (18+)

"Boot Camp" is coming to the library!

Join us for music, exercise, and lots of fun!

This program is for adults at all fitness levels.

Work at your own pace in a supportive environment.

Come with a mat, a water bottle, a small towel, and light weights if you have them (2-5lbs)

Leadership will be shared with group participants, eg. Alanna, Isabelle, & Mary Beth.

Summer Socials - Matawatchan

Date and Time: Saturday, August 10 10:00 am - 12:00 pm

Address: 1677 Frontenac Road, Matawatchan

Saturday Socials are a nice opportunity to meet others in the community over refreshments while listening to local musicians.

25th Anniversary Pork Roast Event - Matawatchan

Date and Time: Saturday, August 10 3:00 pm - 9:00 pm

Address: 1677 Frontenac Road, Matawatchan

25th Anniversary Pork Roast Event

A Family Event!

Celebrate this important milestone.

Dinner: \$10/Adult and \$5/child

- Live music with the band "Bird King" from 4pm-8pm
- Kid's Zone - face painting, bouncy castle, craft making . . .
- Adult Horseshoe tournament
- 50/50 Draw
- Dinner: Prok Roast, Salads, Homemade Beans, Corn on the Cob, Buns, Cupcakes, . . .
- Cash Bar.
- Fireworks (if there is no fire ban)

Brought to you by the:

Griffith and Matawatchan Fish & Game Club in partnership with the Matawatchan Hall.

Sunday, August 11, 2024

2024 Canadian Orienteering Festival - Calabogie

Date and Time: Sunday, August 11 7:00 am

Address: 30 Barrett Chute Road

Featuring world-class sprint and forest terrain. Elite athletes, age group championships, and open classes for recreational orienteers can all explore the Canadian Shield at Calabogie Peaks in the Middle and Long Distance events.

- Friday, August 9 - NAOC Model
- Saturday, August 10 - NAOC Middle, Banquet & Silent Auction
- Sunday, August 11 - NAOC Long

Open to the public. Registration fee required.

Exercise Class - Matawatchan

Date and Time: Sunday, August 11 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Sunday Live music @ Somewhere Inn- Calabogie

Date and Time: Sunday, August 11 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

Monday, August 12, 2024

Lions Euchre - Calabogie

Date and Time: Monday, August 12 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

Tuesday, August 13, 2024

Exercise Class - Matawatchan

Date and Time: Tuesday, August 13 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Fibre Art - Calabogie

Date and Time: Tuesday, August 13 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

Pickleball - Calabogie

Date and Time: Tuesday, August 13 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

Wednesday, August 14, 2024

Library Book Pickup/Dropoff - Griffith

Date and Time: Wednesday, August 14 12:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates throughout the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the [library catalogue](#). Register [online](#) for this program with a valid library card using this form link: <https://bit.ly/LME-request-to-register>

Dacre and Area Community Association General Meeting - Dacre

Date and Time: Wednesday, August 14 7:00 pm

Address: 111 Flat Road, Dacre, ON

General Meeting of the Dacre and Area Community Association.

All Are Welcome.

Thursday, August 15, 2024

Exercise Class - Griffith

Date and Time: Thursday, August 15 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

Preschool Storytime - Calabogie

Date and Time: Thursday, August 15 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Exercise Class - Matawatchan

Date and Time: Thursday, August 15 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Regular Council Meeting

Date and Time: Thursday, August 15 3:00 pm

Address: 19 Parnell St, Calabogie

Please see our [Meetings and Information Portal](#) for information on scheduled meetings.

Pickleball - Calabogie

Date and Time: Thursday, August 15 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

Archery for Everyone

Date and Time: Thursday, August 15 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

Mad River Paddle Club - Calabogie

Date and Time: Thursday, August 15 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP madriverpaddleco.com

Friday, August 16, 2024

Walking in the Hall - Calabogie

Date and Time: Friday, August 16 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

Lego Lounge - Calabogie

Date and Time: Friday, August 16 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

Movie Night & Bingo @ Somewhere Inn- Calabogie

Date and Time: Friday, August 16 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

Saturday, August 17, 2024

Karate Classes - Dacre

Date and Time: Saturday, August 17 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

Yoga outside @ Somewhere Inn- Calabogie

Date and Time: Saturday, August 17 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 108. Bring your own mat!

Summer Socials - Matawatchan

Date and Time: Saturday, August 17 10:00 am - 12:00 pm

Address: 1677 Frontenac Road, Matawatchan

Saturday Socials are a nice opportunity to meet others in the community over refreshments while listening to local musicians.

Sunday, August 18, 2024

Exercise Class - Matawatchan

Date and Time: Sunday, August 18 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Sunday Live music @ Somewhere Inn- Calabogie

Date and Time: Sunday, August 18 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

DACA Summer Bingo - Dacre

Date and Time: Sunday, August 18 2:00 pm

Address: 111 Flat Road, Dacre, ON

Cost is \$20 for 5 cards.

Themed or cash prizes, jackpot finale, door prizes

Monday, August 19, 2024

Lions Euchre - Calabogie

Date and Time: Monday, August 19 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

Tuesday, August 20, 2024

Exercise Class - Matawatchan

Date and Time: Tuesday, August 20 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Fibre Art - Calabogie

Date and Time: Tuesday, August 20 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

Pickleball - Calabogie

Date and Time: Tuesday, August 20 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

Lions Club Bingo - Griffith

Date and Time: Tuesday, August 20 6:30 pm - 9:30 pm

Address: 25991 Hwy 41, Griffith

Doors open at 6:30pm

First game starts at 7:30pm

Thursday, August 22, 2024

Exercise Class - Griffith

Date and Time: Thursday, August 22 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabetes Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

Preschool Storytime - Calabogie

Date and Time: Thursday, August 22 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with preschool children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Exercise Class - Matawatchan

Date and Time: Thursday, August 22 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Pickleball - Calabogie

Date and Time: Thursday, August 22 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

Archery for Everyone

Date and Time: Thursday, August 22 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

Mad River Paddle Club - Calabogie

Date and Time: Thursday, August 22 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP madriverpaddleco.com

Friday, August 23, 2024

The Gathering - OverlandNTH - Calabogie

Date and Time: Friday, August 23 8:00 am

Address: 30 Barrett Chute Road

The Gathering in Calabogie is Ontario's must-attend camping and overland festival! Learn with exclusive clinics, enjoy live music, visit with vendors, and a craft beer festival it is fun for everyone.

Other upcoming events at The Peaks can be found [here](#).

Walking in the Hall - Calabogie

Date and Time: Friday, August 23 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

Lego Lounge - Calabogie

Date and Time: Friday, August 23 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

Movie Night & Bingo @ Somewhere Inn- Calabogie

Date and Time: Friday, August 23 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

Saturday, August 24, 2024

The Gathering - OverlandNTH - Calabogie

Date and Time: Saturday, August 24 8:00 am

Address: 30 Barrett Chute Road

The Gathering in Calabogie is Ontario's must-attend camping and overland festival! Learn with exclusive clinics, enjoy live music, visit with vendors, and a craft beer festival it is fun for everyone.

Other upcoming events at The Peaks can be found [here](#).

DACA Annual Ball Tournament - Dacre

Date and Time: Saturday, August 24 8:00 am

Address: 111 Flat Road, Dacre, ON

Come out and cheer on the teams from around the valley as they complete in a combination Softball and Volley ball.

Canteen, BBQ and bar will be open.

Karate Classes - Dacre

Date and Time: Saturday, August 24 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

Yoga outside @ Somewhere Inn- Calabogie

Date and Time: Saturday, August 24 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 108. Bring your own mat!

Calabogie Market

Date and Time: Saturday, August 24 10:00 am - 1:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Show & Shine Car Show - Griffith

Date and Time: Saturday, August 24 10:00 am - 2:00 pm

Address: 25991 Hwy 41, Griffith

Denbigh Griffith Lions Club

SHOW & SHINE CAR SHOW

The event of the year!

Come see the best classic cars.

Refreshments, Vendors, Music, Bouncy Castle

Admission by Donation

Dash Plaques first 100

Sponsored by Township of Greater Madawaska

Rains Date Sunday August 25, 2024

Sunday, August 25, 2024

The Gathering - OverlandNTH - Calabogie

Date and Time: Sunday, August 25 8:00 am

Address: 30 Barrett Chute Road

The Gathering in Calabogie is Ontario's must-attend camping and overland festival! Learn with exclusive clinics, enjoy live music, visit with vendors, and a craft beer festival it is fun for everyone.

Other upcoming events at The Peaks can be found [here](#).

Exercise Class - Matawatchan

Date and Time: Sunday, August 25 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Sunday Live music @ Somewhere Inn- Calabogie

Date and Time: Sunday, August 25 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

Monday, August 26, 2024

Lions Euchre - Calabogie

Date and Time: Monday, August 26 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

Tuesday, August 27, 2024

Exercise Class - Matawatchan

Date and Time: Tuesday, August 27 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Fibre Art - Calabogie

Date and Time: Tuesday, August 27 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

Pickleball - Calabogie

Date and Time: Tuesday, August 27 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St. Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

Wednesday, August 28, 2024

Library Book Pickup/Dropoff - Griffith

Date and Time: Wednesday, August 28 12:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates throughout the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the [library catalogue](#). Register [online](#) for this program with a valid library card using this form link: <https://bit.ly/LME-request-to-register>

Painting in the Park

Date and Time: Wednesday, August 28 6:30 pm - 8:30 pm

Address: 5179 Calabogie Road

Join local artist Morgana Dillingham for weekly paint night in the park. This summer series is inspired by the beauty of nature, with the goal to bring people together to incorporate more art into our lifestyles. Art is so therapeutic as it inspires socializing, stress release, creativity, and is an expression of our inner selves. We combine the painting with a potluck style picnic. Feel free to bring something to nibble on or to share! Hope to see you there - Morgana

Barnet Park, Calabogie ON (5179 Calabogie Road)

□ Wednesdays 6:30pm — 8:30pm on June 26, July 3, July 10, July 17, August 28, Sept 4, Sept 11, Sept 18
6:30 - 8:30 pm

\$5 bring your own supplies

\$15 use our brushes, paints, etc.

\$20 mini take home art kit

Drop in or sign up in advance (sign up required for take home's or anyone wanting to use our supplies).
Contact Morgana Dillingham to reserve your spot.

<https://www.instagram.com/reel/C8Sz1Qrxo-O/?igsh=bzAxMHBxYTFoN2tk>

Thursday, August 29, 2024

Exercise Class - Griffith

Date and Time: Thursday, August 29 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabetes Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

Preschool Storytime - Calabogie

Date and Time: Thursday, August 29 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

Exercise Class - Matawatchan

Date and Time: Thursday, August 29 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

Pickleball - Calabogie

Date and Time: Thursday, August 29 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

Archery for Everyone

Date and Time: Thursday, August 29 6:30 pm - 8:00 pm

Address: 1044 Madawaska St Calabogie

Come and Try Archery every Thursday.

In the Calabogie United Church Hall

Free instruction and equipment supplied.

Available for all ages

For Information Call Amy 613-717-3000

Mad River Paddle Club - Calabogie

Date and Time: Thursday, August 29 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP madriverpaddleco.com

Friday, August 30, 2024

Walking in the Hall - Calabogie

Date and Time: Friday, August 30 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

Lego Lounge - Calabogie

Date and Time: Friday, August 30 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

Movie Night & Bingo @ Somewhere Inn- Calabogie

Date and Time: Friday, August 30 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

Saturday, August 31, 2024

Karate Classes - Dacre

Date and Time: Saturday, August 31 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

Yoga outside @ Somewhere Inn- Calabogie

Date and Time: Saturday, August 31 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 108. Bring your own mat!

Calabogie Market

Date and Time: Saturday, August 31 10:00 am - 1:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Summer Socials - Matawatchan

Date and Time: Saturday, August 31 10:00 am - 12:00 pm

Address: 1677 Frontenac Road, Matawatchan

Saturday Socials are a nice opportunity to meet others in the community over refreshments while listening to local musicians.

<https://calendar.greatermadawaska.com>