

## **Monday, July 1, 2024**

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### **5K & 1K Fun Run - Matawatchan**

Date and Time: Monday, July 1 8:00 am

Address: 1677 Frontenac Road, Griffith

Inaugural Fun Run at the Matawatchan Hall

5K & 1K Run, Walk, Stroller

8:00am Registration

8:30am 5K Start

9:00am 1K Start

Registration is free this year, we kindly ask that you make a donation to the Matawatchan Hall.

Rain or Shine!!

### **Canada Day Pancake Breakfast - Calabogie**

Date and Time: Monday, July 1 8:30 am - 11:30 am

Address: 574 Mill Street, Calabogie, ON

Launch your Canada Day festivities with breakfast in Calabogie! The library is serving up pancakes, sausages, beans and oranges with some gluten-free options available. There will be a selection of table activities for children and some small take-home items. This event is a fundraiser for the Greater Madawaska Public Library. \$6 Children, \$12 Adults.

### **Township Office Closed**

Date and Time: Monday, July 1 8:30 am - 4:00 pm

Address: 19 Parnell St, Calabogie

### **Canada Day Event - Dacre**

Date and Time: Monday, July 1 2:00 pm

Address: 111 Flat Road, Dacre, ON

Celebrate Canada Day in Dacre.

Come out and join us for a day of celebration with horse & wagon rides, kids activities, inflatable obstacle course, minnow races, outdoor games, trivia, horseshoes, BBQ, and more.

Fireworks at dark if not under restrictions.

## Canada Day Event - Calabogie

Date and Time: Monday, July 1 4:00 pm

Address: Madawaska Street, Calabogie

Madawaska Street Event 4pm-10pm

4pm-4:30pm Kid's Bingo

4pm-7pm Face Painting, BASH Tent, Raffle Prize Table, Scavenger Hunt, Home Support 50/50

4pm-8pm Sugar Daddy's Cotton Candy

4pm-9pm Bouncy Castles and Games

4pm-10pm Beer Garden, Mackie's Golden Meals, BBQ

4:15pm LumberJack Show

4:30pm-6pm Adult Bingo

5pm-8pm Magician & Balloon Artist

5:15pm Fire Department Demo

5:45pm LumberJack Show

7pm-10pm Live Music "Buckledown"

7:15pm LumberJack Show

10pm Anthem & Fireworks

- No Dogs, No Bikes, No Skateboards
- CASH only
- Inclement weather = Event moved to Community Hall Rink

## Lions Euchre - Calabogie

Date and Time: Monday, July 1 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## Tuesday, July 2, 2024

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### Exercise Class - Matawatchan

Date and Time: Tuesday, July 2 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### Fibre Art - Calabogie

Date and Time: Tuesday, July 2 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

### Pickleball - Calabogie

Date and Time: Tuesday, July 2 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## Wednesday, July 3, 2024

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### Painting in the Park

Date and Time: Wednesday, July 3 6:30 pm - 8:30 pm

Address: 5179 Calabogie Road

Join local artist Morgana Dillingham for weekly paint night in the park. This summer series is inspired by the beauty of nature, with the goal to bring people together to incorporate more art into our lifestyles. Art is so therapeutic as it inspires socializing, stress release, creativity, and is an expression of our inner selves. We combine the painting with a potluck style picnic. Feel free to bring something to nibble on or to share! Hope to see you there - Morgana

Barnet Park, Calabogie ON (5179 Calabogie Road)

□ Wednesdays 6:30pm — 8:30pm on June 26, July 3, July 10, July 17, August 28, Sept 4, Sept 11, Sept 18  
6:30 - 8:30 pm

\$5 bring your own supplies

\$15 use our brushes, paints, etc.

\$20 mini take home art kit

Drop in or sign up in advance (sign up required for take home's or anyone wanting to use our supplies).  
Contact Morgana Dillingham to reserve your spot.

<https://www.instagram.com/reel/C8Sz1Qrxo-O/?igsh=bzAxMHBxYTFoN2tk>

### Movie @ The Market - Griffith

Date and Time: Wednesday, July 3 9:00 pm

Address: 25761 Hwy 41, Griffith Adams Berry Farm

Showtime is Dusk, approximately 9:00pm

Bring a chair or a blanket.

Enjoy a film on the big screen outside.

Free admission.

Donations welcome to support putting it on.

Movie is Spirit: Stallion of the Cimarron

## Movie @ The Market

Date and Time: Wednesday, July 3 9:00 pm - 10:30 pm

Address: 25761 Highway 41 - Griffith, Ontario

Adams Berry Farm & Country Market Presents the first of a summer series of Movie @ The Market! Showing will be "Spirit, Stallion Of The Cimarron" Follow the adventures of a wild and rambunctious mustang stallion as he journeys through the untamed American frontier.

Bring the family and a blanket or lawn chair and enjoy this great family movie on the big screen right here at The Country Market!

Movie being shown with permission under Public Performance Licence.

## Thursday, July 4, 2024

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### Exercise Class - Griffith

Date and Time: Thursday, July 4 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabetes Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

### Preschool Storytime - Calabogie

Date and Time: Thursday, July 4 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Exercise Class - Matawatchan**

Date and Time: Thursday, July 4 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **KTM Adventure Rally - Calabogie**

Date and Time: Thursday, July 4 1:00 pm - 6:00 pm

Address: 30 Barrett Chute Road

The 6th Annual KTM Adventure Rally is heading to Calabogie Peaks on July 4-6th, 2024. This marks the inaugural occurrence of the event in Ontario. Calabogie, located in the expansive Madawaska region, is celebrated for its richly varied terrain that's perfect for Adventure riding and putting your motorcycle and navigational skills to the test.

See more upcoming events at The Peaks [here](#).

## **Pickleball - Calabogie**

Date and Time: Thursday, July 4 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

## **Mad River Paddle Club - Calabogie**

Date and Time: Thursday, July 4 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP [madriverpaddleco.com](http://madriverpaddleco.com)

## **Friday, July 5, 2024**

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### **Walking in the Hall - Calabogie**

Date and Time: Friday, July 5 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

### **KTM Adventure Rally - Calabogie**

Date and Time: Friday, July 5 9:00 am - 10:00 pm

Address: 30 Barrett Chute Road

The 6th Annual KTM Adventure Rally is heading to Calabogie Peaks on July 4-6th, 2024. This marks the inaugural occurrence of the event in Ontario. Calabogie, located in the expansive Madawaska region, is celebrated for its richly varied terrain that's perfect for Adventure riding and putting your motorcycle and navigational skills to the test.

See more upcoming events at The Peaks [here](#).

### **Lego Lounge - Calabogie**

Date and Time: Friday, July 5 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## Movie Night & Bingo @ Somewhere Inn- Calabogie

Date and Time: Friday, July 5 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

## Saturday, July 6, 2024

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### Karate Classes - Dacre

Date and Time: Saturday, July 6 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### KTM Adventure Rally - Calabogie

Date and Time: Saturday, July 6 9:00 am - 4:00 pm

Address: 30 Barrett Chute Road

The 6th Annual KTM Adventure Rally is heading to Calabogie Peaks on July 4-6th, 2024. This marks the inaugural occurrence of the event in Ontario. Calabogie, located in the expansive Madawaska region, is celebrated for its richly varied terrain that's perfect for Adventure riding and putting your motorcycle and navigational skills to the test.

See more upcoming events at The Peaks [here](#).

### Yoga outside @ Somewhere Inn- Calabogie

Date and Time: Saturday, July 6 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 108. Bring your own mat!



## Calabogie Market

Date and Time: Saturday, July 6 10:00 am - 1:00 pm

Address: 574 Mill Street, Calabogie Community Hall

## Summer Socials - Matawatchan

Date and Time: Saturday, July 6 10:00 am - 12:00 pm

Address: 1677 Frontenac Road, Matawatchan

Saturday Socials are a nice opportunity to meet others in the community over refreshments while listening to local musicians.

## Boot Camp Fitness - Calabogie

Date and Time: Saturday, July 6 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, St. Joseph School Gym

Fitness for Everybody - drop-in (18+)

"Boot Camp" is coming to the library!

Join us for music, exercise, and lots of fun!

This program is for adults at all fitness levels.

Work at your own pace in a supportive environment.

Come with a mat, a water bottle, a small towel, and light weights if you have them (2-5lbs)

Leadership will be shared with group participants, eg. Alanna, Isabelle, & Mary Beth.

## Sunday, July 7, 2024

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### Exercise Class - Matawatchan

Date and Time: Sunday, July 7 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Sunday Live music @ Somewhere Inn- Calabogie**

Date and Time: Sunday, July 7 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

## **Monday, July 8, 2024**

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### **Lions Euchre - Calabogie**

Date and Time: Monday, July 8 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, July 9, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Tuesday, July 9 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Fibre Art - Calabogie**

Date and Time: Tuesday, July 9 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Pickleball - Calabogie**

Date and Time: Tuesday, July 9 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Lions Club Bingo - Griffith**

Date and Time: Tuesday, July 9 6:30 pm - 9:30 pm

Address: 25991 Hwy 41, Griffith

Doors open at 6:30pm

First game starts at 7:30pm

## Wednesday, July 10, 2024

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### Library Book Pickup/Dropoff - Griffith

Date and Time: Wednesday, July 10 12:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates throughout the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the [library catalogue](#). Register [online](#) for this program with a valid library card using this form link: <https://bit.ly/LME-request-to-register>

### Painting in the Park

Date and Time: Wednesday, July 10 6:30 pm - 8:30 pm

Address: 5179 Calabogie Road

Join local artist Morgana Dillingham for weekly paint night in the park. This summer series is inspired by the beauty of nature, with the goal to bring people together to incorporate more art into our lifestyles. Art is so therapeutic as it inspires socializing, stress release, creativity, and is an expression of our inner selves. We combine the painting with a potluck style picnic. Feel free to bring something to nibble on or to share! Hope to see you there - Morgana

Barnet Park, Calabogie ON (5179 Calabogie Road)

☐ Wednesdays 6:30pm — 8:30pm on June 26, July 3, July 10, July 17, August 28, Sept 4, Sept 11, Sept 18  
6:30 - 8:30 pm

\$5 bring your own supplies

\$15 use our brushes, paints, etc.

\$20 mini take home art kit

Drop in or sign up in advance (sign up required for take home's or anyone wanting to use our supplies).  
Contact Morgana Dillingham to reserve your spot.

<https://www.instagram.com/reel/C8Sz1Qrxo-O/?igsh=bzAxMHBxYTFoN2tk>

## Thursday, July 11, 2024

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### Exercise Class - Griffith

Date and Time: Thursday, July 11 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

## **Preschool Storytime - Calabogie**

Date and Time: Thursday, July 11 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Exercise Class - Matawatchan**

Date and Time: Thursday, July 11 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Pickleball - Calabogie**

Date and Time: Thursday, July 11 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Mad River Paddle Club - Calabogie**

Date and Time: Thursday, July 11 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP [madriverpaddleco.com](http://madriverpaddleco.com)

## **Friday, July 12, 2024**

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### **Walking in the Hall - Calabogie**

Date and Time: Friday, July 12 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

### **Lego Lounge - Calabogie**

Date and Time: Friday, July 12 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

### **Movie Night & Bingo @ Somewhere Inn- Calabogie**

Date and Time: Friday, July 12 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

## **Saturday, July 13, 2024**

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### **Karate Classes - Dacre**

Date and Time: Saturday, July 13 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### **Yoga outside @ Somewhere Inn- Calabogie**

Date and Time: Saturday, July 13 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 1 08. Bring your own mat!

### **Calabogie Market**

Date and Time: Saturday, July 13 10:00 am - 1:00 pm

Address: 574 Mill Street, Calabogie Community Hall

### **Boot Camp Fitness - Calabogie**

Date and Time: Saturday, July 13 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, St. Joseph School Gym

Fitness for Everybody - drop-in (18+)

"Boot Camp" is coming to the library!

Join us for music, exercise, and lots of fun!

This program is for adults at all fitness levels.

Work at your own pace in a supportive environment.

Come with a mat, a water bottle, a small towel, and light weights if you have them (2-5lbs)

Leadership will be shared with group participants, eg. Alanna, Isabelle, & Mary Beth.

## Summer Socials - Matawatchan

Date and Time: Saturday, July 13 10:00 am - 12:00 pm

Address: 1677 Frontenac Road, Matawatchan

Saturday Socials are a nice opportunity to meet others in the community over refreshments while listening to local musicians.

## Artist Workshop - Calabogie

Date and Time: Saturday, July 13 12:00 pm - 3:00 pm

Address: 5179 Calabogie Rd, Calabogie

Ottawa Valley Community Arts Open Studio - Artist Genevieve Townsend will facilitate a workshop exploring watercolour paints and other water related art materials. Light refreshments will be provided. Please contact the library if interested in joining. The location for this event will be Barnet Cottage at 5179 Calabogie Rd, Calabogie.

## Watercolour workshop - ART HELPS - Connecting with natural materials

Date and Time: Saturday, July 13 12:00 pm - 3:00 pm

Address: Barnet Cottage, 5179 Calabogie Road, Calabogie, ON

Ottawa Valley Community Arts Open Studio is coming to Calabogie. This FREE event will be Facilitated by Genevieve Townsend with Anya Gansterer. We'll meet rain or shine at Barnet Cottage, 5179 Calabogie Rd, Calabogie, ON. Join artist Genevieve in an exploration of watercolour paint and natural objects.

This workshop is for creative people aged 10 and up. No experience necessary. All materials and snacks included. Gas cards available. Each participant will receive a travel sized natural materials paint pallet from Beam Paints. Please come prepared to spend the afternoon outside.

Please email to register by July 6: [admin@ov-caos.org](mailto:admin@ov-caos.org)

Contact us if you have questions about accessibility.

## Hike Night @ Somewhere Inn- Calabogie

Date and Time: Saturday, July 13 7:00 pm - 9:00 pm



Address: 5254 Calabogie road

Come meet us at the Somewhere Inn wine bar and hike our beautiful Eagles Nest Trail for free, with us!

## **Sunday, July 14, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, July 14 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **Sunday Live music @ Somewhere Inn- Calabogie**

Date and Time: Sunday, July 14 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

## **Monday, July 15, 2024**

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### **Lions Euchre - Calabogie**

Date and Time: Monday, July 15 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

# Tuesday, July 16, 2024

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## Exercise Class - Matawatchan

Date and Time: Tuesday, July 16 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## Fibre Art - Calabogie

Date and Time: Tuesday, July 16 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## Pickleball - Calabogie

Date and Time: Tuesday, July 16 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## Wednesday, July 17, 2024

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### Painting in the Park

Date and Time: Wednesday, July 17 6:30 pm - 8:30 pm

Address: 5179 Calabogie Road

Join local artist Morgana Dillingham for weekly paint night in the park. This summer series is inspired by the beauty of nature, with the goal to bring people together to incorporate more art into our lifestyles. Art is so therapeutic as it inspires socializing, stress release, creativity, and is an expression of our inner selves. We combine the painting with a potluck style picnic. Feel free to bring something to nibble on or to share! Hope to see you there - Morgana

Barnet Park, Calabogie ON (5179 Calabogie Road)

☐ Wednesdays 6:30pm — 8:30pm on June 26, July 3, July 10, July 17, August 28, Sept 4, Sept 11, Sept 18  
6:30 - 8:30 pm

\$5 bring your own supplies

\$15 use our brushes, paints, etc.

\$20 mini take home art kit

Drop in or sign up in advance (sign up required for take home's or anyone wanting to use our supplies).  
Contact Morgana Dillingham to reserve your spot.

<https://www.instagram.com/reel/C8Sz1Qrxo-O/?igsh=bzAxMHBxYTFoN2tk>

## Thursday, July 18, 2024

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### Exercise Class - Griffith

Date and Time: Thursday, July 18 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

## **Preschool Storytime - Calabogie**

Date and Time: Thursday, July 18 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Exercise Class - Matawatchan**

Date and Time: Thursday, July 18 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Pickleball - Calabogie**

Date and Time: Thursday, July 18 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St. Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18 years of age.

For more information, please contact Robin Emon, Clerk.

## **Mad River Paddle Club - Calabogie**

Date and Time: Thursday, July 18 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP [madriverpaddleco.com](http://madriverpaddleco.com)

## **Friday, July 19, 2024**

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### **Walking in the Hall - Calabogie**

Date and Time: Friday, July 19 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

### **Lego Lounge - Calabogie**

Date and Time: Friday, July 19 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

### **Movie Night & Bingo @ Somewhere Inn- Calabogie**

Date and Time: Friday, July 19 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

# Saturday, July 20, 2024

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## Karate Classes - Dacre

Date and Time: Saturday, July 20 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

## Yoga outside @ Somewhere Inn- Calabogie

Date and Time: Saturday, July 20 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 1 08. Bring your own mat!

## Calabogie Market

Date and Time: Saturday, July 20 10:00 am - 1:00 pm

Address: 574 Mill Street, Calabogie Community Hall

## Boot Camp Fitness - Calabogie

Date and Time: Saturday, July 20 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, St. Joseph School Gym

Fitness for Everybody - drop-in (18+)

"Boot Camp" is coming to the library!

Join us for music, exercise, and lots of fun!

This program is for adults at all fitness levels.

Work at your own pace in a supportive environment.

Come with a mat, a water bottle, a small towel, and light weights if you have them (2-5lbs)

Leadership will be shared with group participants, eg. Alanna, Isabelle, & Mary Beth.

## Summer Socials - Matawatchan

Date and Time: Saturday, July 20 10:00 am - 12:00 pm

Address: 1677 Frontenac Road, Matawatchan

Saturday Socials are a nice opportunity to meet others in the community over refreshments while listening to local musicians.

## Sunday, July 21, 2024

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### Exercise Class - Matawatchan

Date and Time: Sunday, July 21 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### Sunday Live music @ Somewhere Inn- Calabogie

Date and Time: Sunday, July 21 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

## Monday, July 22, 2024

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### Lions Euchre - Calabogie

Date and Time: Monday, July 22 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

## **Tuesday, July 23, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Tuesday, July 23 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zoomba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **Fibre Art - Calabogie**

Date and Time: Tuesday, July 23 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and deta



iled instruction can be arranged with the host for a fee.

## **Pickleball - Calabogie**

Date and Time: Tuesday, July 23 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Lions Club Bingo - Griffith**

Date and Time: Tuesday, July 23 6:30 pm - 9:30 pm

Address: 25991 Hwy 41, Griffith

Doors open at 6:30pm

First game starts at 7:30pm

## **Wednesday, July 24, 2024**

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### **Library Book Pickup/Dropoff - Griffith**

Date and Time: Wednesday, July 24 12:00 am

Address: 26047 Hwy 41, Griffith, ON

Library patrons in Ward 2 and Ward 3, who would like access to GMPLLC's physical library resources can call or email to order books, audio books, DVDs and activity kits for pickup/drop-off on prescribed dates throughout the year. Our designated pickup/drop-off point is located in Griffith at Pine Valley Restaurant. Loan periods can be flexible. Patrons can also reserve and request materials using the [library catalogue](#). Register [online](#) for this program with a valid library card using this form link: <https://bit.ly/LME-request-to-register>

## **Thursday, July 25, 2024**

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### **Exercise Class - Griffith**

Date and Time: Thursday, July 25 9:00 am - 10:00 am

Address: 25991 Hwy 41, Griffith

L.E.G. - Griffith Exercise Class at the Griffith & Matawatchan Recreation Centre (Griffith Hall)

Thursday at 9:00am

Use bands and weights and follow exercises from the Diabates Association.

Walk and wall push-ups and range of motion.

Use a ball to strengthen your fingers.

Check your Blood Pressure

All this for \$2.00 each week. With this money we donate to the Lions Car Show and Lions Christmas Food Baskets.

We got out for an activity and lunch twice a year.

## **Preschool Storytime - Calabogie**

Date and Time: Thursday, July 25 9:30 am - 10:15 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Preschool Storytime held on Thursday mornings is a drop-in program for parents/guardians to attend with pre-school children (0-4 years).

Meet some parents and caregivers in our community, have a chat, read a book, and make a craft.

Thursday 9:30am - 10:15am (drop-in)

## **Exercise Class - Matawatchan**

Date and Time: Thursday, July 25 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## **Pickleball - Calabogie**

Date and Time: Thursday, July 25 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

## **Mad River Paddle Club - Calabogie**

Date and Time: Thursday, July 25 7:00 pm - 8:00 pm

Address: 1022 Madawaska Street, Calabogie

Join Mad River Paddle Club every Thursday evening for Paddle Social. Kayak/Paddle board a different location within the Township every week. Bring your own equipment \$10 per person or enjoy the luxury of no stress and let us bring all the equipment you need to get on the water! \$25 includes kayak or paddle board, paddle, safety kit and personal floatation device. RSVP [madriverpaddleco.com](http://madriverpaddleco.com)

## **Friday, July 26, 2024**

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### **Walking in the Hall - Calabogie**

Date and Time: Friday, July 26 9:00 am - 11:00 am

Address: 1044 Madawaska Street, Calabogie

Come and Walk in the Calabogie United Church Hall every Friday Morning from 9 to 11.

Please bring your walking shoes.

Free Tea and Coffee will be served

### **Lego Lounge - Calabogie**

Date and Time: Friday, July 26 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, Located in St. Joseph School - Lower Level

Do you have a child who loves to build? Join others for a fun time building with Lego at the library.

This is a self-directed drop-in for families with young builders 5+. We provide the Lego. Bring your imagination and make your own fun. Name your creation and we will display it in the library!

## **Movie Night & Bingo @ Somewhere Inn- Calabogie**

Date and Time: Friday, July 26 7:00 pm

Address: 5254 Calabogie Road

Come on out to Somewhere Inn this summer on Friday nights at 7pm. Enjoy an outdoor movie courtesy of our projector screen and play some bingo with us to earn some cute goody bags, all free!

## **Saturday, July 27, 2024**

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### **Karate Classes - Dacre**

Date and Time: Saturday, July 27 9:00 am - 10:00 am

Address: 111 Flat Road, Dacre, ON

Karate Classes for Kids 4 & up at DACA Center

Saturdays 9 - 10am with Sensei Mauro Borghi.

For more information or for a registration form contact Mauro

### **Yoga outside @ Somewhere Inn- Calabogie**

Date and Time: Saturday, July 27 9:30 am - 10:30 am

Address: 5254 Calabogie road

Come enjoy some free outdoor yoga on the lawn @ somewhere Inn, Courtesy of our Partnership with Union 1 08. Bring your own mat!

### **Boot Camp Fitness - Calabogie**

Date and Time: Saturday, July 27 10:00 am - 11:00 am

Address: 12629 Lanark Road, Calabogie, St. Joseph School Gym

Fitness for Everybody - drop-in (18+)

"Boot Camp" is coming to the library!

Join us for music, exercise, and lots of fun!

This program is for adults at all fitness levels.

Work at your own pace in a supportive environment.

Come with a mat, a water bottle, a small towel, and light weights if you have them (2-5lbs)

Leadership will be shared with group participants, eg. Alanna, Isabelle, & Mary Beth.

## **Summer Socials - Matawatchan**

Date and Time: Saturday, July 27 10:00 am - 12:00 pm

Address: 1677 Frontenac Road, Matawatchan

Saturday Socials are a nice opportunity to meet others in the community over refreshments while listening to local musicians.

## **Hike Night @ Somewhere Inn- Calabogie**

Date and Time: Saturday, July 27 7:00 pm - 9:00 pm

Address: 5254 Calabogie road

Come meet us at the Somewhere Inn wine bar and hike our beautiful Eagles Nest Trail for free, with us!

## **Sunday, July 28, 2024**

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### **Exercise Class - Matawatchan**

Date and Time: Sunday, July 28 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

### **Sunday Live music @ Somewhere Inn- Calabogie**

Date and Time: Sunday, July 28 2:00 pm - 6:00 pm

Address: 5254 Calabogie road

Come on out to Somewhere Inn and enjoy some live music for free on the lawn, next to the fire with a drink.

# Monday, July 29, 2024

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## Lions Euchre - Calabogie

Date and Time: Monday, July 29 7:00 pm

Address: 574 Mill Street, Calabogie Community Hall

Euchre games start at 7:00 PM Monday nights.

\$5.00 entry fee for 10 games of Euchre.

There is a 50/50 draw. There is a short intermission after the fifth game.

The bar is open and light snacks available at intermission.

# Tuesday, July 30, 2024

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## Exercise Class - Matawatchan

Date and Time: Tuesday, July 30 9:30 am - 10:30 am

Address: 1677 Frontenac Road, Griffith

Grab a pair of running shoes and join us for Aerobics, Cardio-dance, and light weights at the Matawatchan Hall on Tuesdays, Thursdays, and Sundays from 9:30 - 10:30am.

Suggested donation of \$5/class to the Hall.

We warm up with aerobics, then have some fun with Zumba, followed by light weights and stretching.

It feels great! Options are provided by Andrea, a trained expert for every level of experience and fitness.

Contact Andrea if you would like to join or just drop in.

Provide your email address to Andrea for updates on scheduling changes.

## Fibre Art - Calabogie

Date and Time: Tuesday, July 30 10:00 am - 1:00 pm

Address: Treehouse Art Studio 729 Mill St, Calabogie, ON

Fibre Art Tuesdays

Tuesdays 10 a.m. to 1 p.m.

Host and Instructor: Christine Johnson

Free Open Studio unless a formal workshop is arranged.

Come and join other stitchers and fibre artists for an opportunity to work independently and together in a community group that fosters friendship and creativity. What is fibre art? Knitting, crochet, rug hooking, quilting, embroidery, felting, weaving, spinning, sewing — anything where the dominant material is fibre-based. Whether you are a beginner or an expert, all are welcome to share projects, ideas and techniques.

All ages are welcome to participate. The studio has some materials available to use but normally, the participant would bring their own personal project.

Basic instructions in a range of media will be offered as part of the open studio although more specific and detailed instruction can be arranged with the host for a fee.

## **Pickleball - Calabogie**

Date and Time: Tuesday, July 30 5:30 pm - 7:30 pm

Address: 12629 Lanark Road, Calabogie

Come join-in on Tuesdays and Thursdays 5:30pm-7:30pm at St.Joseph's School, Calabogie.

No Fee, No Registration, Just show up and have fun!

Must be over 18years of age.

For more information, please contact Robin Emon, Clerk.

<https://calendar.greatermadawaska.com>